# **Snapshots of Our Community**

OCN Readers: We need your photos for our May 2 issue All the regular events for April are postponed or canceled, so we need your help. What is happening in the Tri-Lakes area in your household as we continue isolating from society? We can't guarantee publication, but we would love to hear from our readers.

We would also need a brief caption naming those pictured (left to right), what is being shown including any helpful background information, when it occurred, where, and the name of the photographer. Email your photos to us at editor@ocn.me by Friday, April 24.

Thank you from all your Our Community News volunteers!

#### CC students at Black Rose, Feb 28



Above: Colorado College students once again brought their musical vitality to traditional folk favorites Feb. 28 at the Black Forest Community Center. This advanced bluegrass ensemble performed as part of the Black Rose Acoustic Society concert series held twice monthly. Under the direction of professional banjo player and Colorado College music instructor Keith Reed, they explore the development of instrumental and vocal blue grass band compositions in a challenging, creative environment. From left are Camille Newsom, fiddle; Helen Lenski, banjo; Hub Hejna, guitar; Ethan Hall, bass; Ada Bowles, mandolin; and Charles Hall, banjo. Photo by Todd Ryan, Performance Photography. Caption by Sharon Williams. Note: This concert performance took place shortly after COVID-19 was identified and little information was yet available to the public. Therefore, the musicians and those attending this concert were unaware of the dangers of this global pandemic. According the Black Rose website (www.blackroseacoustic.org), all future events are temporarily suspended in response to the pandemic.

### Screenagers, the Next Chapter



**Left:** On March 11, Screenagers the Next Chapter, a documentary by filmmaker and physician Dr. Delaney Ruston, was shown at Lewis-Palmer High School to help whole communities, including parents, teachers and kids, learn more about the damaging effects of

screen time and devices on people, especially children and teens, and ways to uncover skills for stress resilience. Delving into the physiological, emotional, social, and psychological damage from screen devices on the brains, bodies and minds of growing youths, the film focused on the pervasiveness of the use of screen devices and solutions for healthy use. The school plans to have more events on the topic. Ther is more information at www.screenagersmovie.com. *Caption by Janet Sellers*.

## **COVID-19 Help Line: 575-8888**



Above: El Paso County Public Health opened a COVID-19 information line on March 13 at the Pikes Peak Office of Emergency Management. (The next week, it switched to home-based call responders). Ellie (pictured) and other people from Pikes Peak United Way 211 joined Pikes Peak Community Emergency Response Team (CERT) members on the phone banks to answer the public's questions about symptoms, testing, health providers, decision-making about event planning, and Health Department recommendations. The line is still open and has added information including financial assistance sources, whether you should wear a mask, and questions about the stay at home order (which is the law of the land now through April 11 at least). Call at 719-575-8888 any day of the week. Or see Elpasocountyhealth.org. For more on stay at home, see https://covid19.colorado.gov/stay-home-except-essential-needs. *Photo by Lisa Hatfield*.

#### Pegmatites at WMMI, Mar. 10



Left: Mark Ivan Jacobson presented a lecture on "Colorado Pegmatites" March 10 at the Western Museum of Mining and Industry (WMMI). Pegmatites are coarsely crystalline granite or other igneous rock with crystals several centimeters to several meters in length. Pegmatites include rare earth minerals such as topaz,

aquamarine, feldspar, and quartz. The type of minerals created depends upon the rate at which the granite cools and its depth and pressure. Pressure and rate of cooling determine granularity and texture of pegmatites. Hobbyists may hunt for various types of pegmatites in mineral-rich areas such as Crystal Peak, Devil's Head, Cañon City, and many others. Several areas have been mined extensively for the valuable minerals, such as cesium, contained in pegmatites. WMMI schedules lectures on mining and mineral-related subjects each month through November as well as on its annual "Family History Day" Sept. 19. For a schedule of events, visit wmmi.org. *Photo by Steve Pate*.

### Water-wise Gardening, Mar. 13



Above: Monument Landscape Supervisor Cassie Olgren conducted a Water-wise Gardening Class open to all Tri-Lakes residents March 13. This course helps to create a smart, classy landscape using less water. She explained how to maintain a landscape affordably and responsibly in our challenging areas by choosing suitable designs and irrigation methods. She gave lists of water-wise plant favorites and Colorado native plants and recommended highly successful plant varieties for our 7,000-feet altitude. Olgren explained how to use cardboard as a weed barrier and about xeriscape designs. She showed a diagram about how to group plants according to irrigation needs called hydrozoning. To watch her recorded class online, go to: www.facebook.com/pg/TownofMonument/videos/?ref=page\_internal. For more landscaping tips: www.epa.gov/watersense/landscaping-tips. *Photo by Sreedevi Vangala*.

# Churches find ways to serve



The Church at Woodmoor demonstrated its mission in response to COVID-19 by offering new and different services to its membership and the community. Senior Pastor Ellen Fenter's leadership on an international water foundation provided lead time for addressing the pandemic. The church sends daily emails to encourage people of all ages and provide activities such as story- and music-time links for kids, movie suggestions, and meditation opportunities. Tech-savvy individuals are teaching the less tech-savvy how to use online tools for connecting with one another. Youths assembled soup kits (while wearing masks and gloves) of

dried beans and seasonings for church members and the poor of the community while others put together over 200 medical-mask-and-hand-sanitizer kits for people who come to the church. When Palm Sunday arrives, volunteers will deliver palms and flower seeds to church members who will be encouraged to grow the seeds indoors through Memorial Day. On March 14, the church added take-home Communion packs accessible via the church drive-through as its early answer to the coronavirus. **Pictured:** Scarlett Pascual receives Communion at her home. *Photo by Mark Pascual.*