Between the Covers at Covered Treasures Bookstore

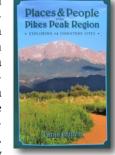
Bring Colorado history to life

By the staff at Covered Treasures
"If you don't know history, then you don't know
anything. You are a leaf that doesn't know
it is part of a tree."—Michael Crichton
Step back in time to learn how Colorado came to be.

Places & People of the Pikes Peak Region: Exploring 14 Signature Sites

By Tanja Britton (Western Meadowlark Press) \$24.95

Local author Tanja Britton illuminates the history of iconic sites in the Pikes Peak Region. She introduces the sites, their connection to the area, individuals for whom they are named, and includes a variety of photos both historical and current. Britton travels a historical arc from the past to the present, all in a storytelling approach that is a delight to read. You will learn interesting history



for 14 sites including Ute Pass, Pikes Peak, Helen Hunt Falls, Penrose House, and Barr Trail. A perfect read for Colorado Springs' Sesquicentennial.

The Granite Attraction: Stories of the Pikes Peak Highway and Summit

By Eric Swab (Rhyolite Press) \$29.95

This book begins in 1888, with the first efforts to get wheeled vehicles and their passengers to the summit of Pikes Peak. Fifteen years earlier, the U.S. Army established a weather station at the top of the mountain and manned it all year round with human observers. The summit has been the site of experiments in meteorology, aircraft engine design, and human physiology. It has been the source of stories of hardship,

failure, and tall tales. Included are 13 maps and 123 images, most of them vintage photographs, many never published before.

Colorado and the Silver Crash: The Panic of 1893 By John F. Steinle (History Press) \$21.99

A catastrophic depression engulfed Colorado in 1893. The government's decision to adopt the gold standard and stop buying silver hit the mining industry like a cave-in. By 1898, the country had begun to recover, but silver mining was never the same. Using first-hand commentary and more than 100 historic photographs, Steinle commemorates the story of Coloradans trapped in the unprecedented social, economic, and political conflict of America's first great depres-

Through the Years at Monument, Colorado, 5th edition

By Lucille Lavelett (Palmer Lake Historical Society) \$13.95

This guide to the history of the town of Monument includes more than 130 photographs and illustrations covering the first 100 years, a timeline, and an index. Lucille Lavelett lived in Monument all her life. Always interested in local history, she did extensive research, and everyone around her encouraged her to put it in a book. The first publication was in 1975.

A Colorado History, 10th Edition

By Carl Ubbelohde, Maxine Benson, Duane A. Smith (West Winds Press) \$29.99

Experience Colorado with this new, expanded edition of how the state has changed and how it has stayed the same. It begins with the prehistoric cliff dwellers of Mesa Verde and proceeds chronologically with ac-

counts of Colorado's role as a frontier territory, continuing to present day political, economic, cultural, and environmental issues.

Forgotten Colorado: The Eastern Plains

By Heath A. Gay (America Through Time) \$23.99 Known as the agricultural center of Colorado, this region was once a thriving area for farmers, ranchers, and railroad workers. Today, history and relics from those early glory years can be found all over the region if you know where to look. This guide brings to light and exposes historic schools where class is out forever; the largest track of dinosaur footprints in North America; the site of one of the worst air show disasters in U.S. history; an entire railroad ghost town; and much more.

Rocky Mountain Train Robberies: True Stories of Notorious Bandits and Infamous Escapades

By W.C. Jameson (Twodot) \$16.95

One of the most colorful parts of American history is the time of train robberies and the daring outlaws who undertook them in the period from just after the Civil War to 1924. To the cast of train robber-related characters can be added the relentless investigations and pursuit by individuals associated with the Pinkerton detectives, Texas Rangers, Wells Fargo detectives, railroad company detectives, as well as local and area law enforcement authorities. There are numerous tales of bravery that took place during train robberies involving heroic express car messengers, conductors, engineers, brakemen, and passengers.

Until next month, happy reading.

The staff at the Covered Treasures can be contacted at books@ocn.me.

August Library Events

Some programs reinstated, summer reading ends

By Harriet Halbig

Some regular programs are being reinstated at the Monument Library, including in-person story times twice a month. Outdoor programs will be offered in Limbach Park, weather permitting.

Because El Paso County has been identified as a

high transmission area for COVID-19, especially the Delta variant, staff and volunteers will resume wearing masks in the library. For others, masks are optional, but those over 11 years of age and those who are unvaccinated are strongly encouraged to wear masks.

Summer Adventure ends on Aug. 14. Come in to

receive your end-of-program prizes at the library!

To check on programs in August, please see the website, ppld.org, and look under programs by location. Any changes will be current there.

Harriet Halbig may be reached at harriethalbig@ocn.me.

Palmer Lake Historical Society, July 17

Walking Tour: History of U.S. Pike Forest Monument Preserve

By Sharon Williams

On Saturday, July 17, the Palmer Lake Historical Society sponsored the first of its 2021 monthly meetings with a field trip composed of a walking tour of the U.S. Forest Service (USFS) Pike Forest Monument Preserve. This area is just west of Monument and accessed off a trailhead parking area at Mount Herman and Nursery Roads.

This informative hike was facilitated by Bill Normile with a historical overview of the USFS land. Normile has worked as a USFS volunteer member and as past president and current vice president of the Friends of the Monument Preserve (FOMP). FOMP members act as stewards for sustainability of the 1,000-acre area of the Preserve, which also encompasses the USFS Monument Fire Center complex.

During the early 1900s, the Bureau of Forestry, later to become the USFS, attempted an unsuccessful tree nursery on Pikes Peak. As a result, the current Monument Preserve area became the new site for the Monument Tree Nursery initiated in 1903. This nursery was to become one of the first of its kind to provide seedlings for reforestation areas that had been clearcut by loggers and damaged by wildfires. The Mount



Above: Thirty blue spruce trees were planted by the men who worked in the nursery at Memorial Grove in Monument Preserve during the early 1900s to honor those who were killed in WWI. Each year, usually in May, a memorial service is held at the grove and additional tree(s) are planted to honor Civilian Conservation Corps members who have died. The memorial service will be on Sept. 11 this year. *Photo by Steve Pate*.

Herman area was completely devoid of trees during that period and provided good prospects for tree growth. Water was supplied from a spring-sourced well system near the northwest edge of the Preserve. Nurseries were consolidated from other locations in 1933 with the implementation of the Civilian Conservation Corps (CCC). Sixty CCC "enlistees" went through boot camp and training similar to military discipline and later became leaders and skilled service men in 1942 when the United States entered WWII. At its height of production, the CCC harvested pine seeds, planted, transplanted, and shipped over 25 million conifers including ponderosa pine, white fir, blue spruce, Engelmann spruce, Douglas fir, and juniper. The nursery was abandoned in 1965, but the Preserve is still part of the surrounding Pike National Forest.

Vestiges of CCC concrete tent platforms, remains of structural foundations, and stone irrigation canals and bridges are easily accessed along trailways.

The Memorial Grove, located in the southern portion of the Preserve, was dedicated originally to CCC personnel who lost their lives during WWI/II. A memorial service is held each year in early May with a tree planting except this year, when the commemoration will be conducted on Sept. 11.

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High Altitude Nature and Gardening (HANG)

The green prescription to a healthy, long life

By Janet Sellers

A hundred years of good life

Many people garden because they enjoy it, but it could become a medical prescription for all ages.

The National Institutes of Health (NIH) reports, "One group of holistic therapies that aim to treat the whole person and has been well researched through surveys and randomized trials is so-called green care, or ther-

apy by exposure to plants and gardening."

Among cultures worldwide, there's a common activity with people who routinely live past 100, and research shows that almost all of them grow veg-