- at 225 North Gate Blvd. (I-25 Exit 156 A). Info: 488-0880, info@wmmi.org, www.wmmi.org.
- Tri-Lakes Silver Alliance Thrift Store, open Mon.-Sat., 10 a.m.-4 p.m., 755 Hwy 105, Suite N, in the West End Center. Seniors 62+ get a 20% discount on Wednesdays. All proceeds support Tri-Lakes Senior Programs. If you have furniture to donate, call 488-3495 for a pickup. Info: www.TriLakesSeniors.org.
- Tri-Lakes YMCA Senior Coffee, every Tue., 9:30-11:30 a.m., 17250 Jackson Creek Pkwy, Monument. Members and non-members are welcome. Socialize, have coffee and snacks in the front lobby. Free. Info: 630-2604, hbrandon@ppymca.org, www.ppymca.org.
- Al-anon Meeting: Monument Serenity, every Tue., 7:30-8:30 p.m., Ascent Church, (formerly the Tri-Lakes Chapel) 1750 Deer Creek Rd., Monument. Info: Kay, 481-9258.
- The Villa Palmer Lake, 75 Hwy 105, Palmer Lake. Happy Hour every evening 5-6 p.m., 1/2 price bottles of wine (select wines, with entrée purchase) every Tue. See the Facebook page for live music listings. RSVP & Info: 481-2222, www.theVillaPalmerLake.com.
- Gentle Hatha Yoga Class with Olivia Pennington, every Wed., 9:30-11 a.m., Palmer Lake Town Hall, 28 Valley Crescent. All levels. Cost: \$7. Info: 481-2953 (then press 0) or www.townofpalmerlake.com.
- Tai Chi for Health and Wellness Classes, every Wed., noon-1 p.m., Sundance Studio, 1450 Cipriani Loop, Monument. Info: 232-1618, sifumo@whitecranetaichi.net.
- Palmer Divide Run Club Social Run, every Wed., 6
  p.m., Palmer Divide Run Co., 84-4 Hwy 105, Palmer
  Lake (next to Speed Trap). All levels are welcome;
  the routes are usually 3-4 miles which can be run or
  walked. Info: PalmerDivideRunClub@gmail.com,
  www.facebook.com/PalmerDivideRunClub/
- Tri-Lakes Church of Christ Wednesday Night Fellowship Meal (Free) & Classes, every Wed., 6-7:30 p.m., 20450 Beacon Lite Road, Monument (Corner of Beacon Lite & County Line Roads). Info: 488-9613, gregsmith@trilakeschurch.org, www.trilakeschurch.org
- Al-anon Meeting: Letting Go, every Thu., 9-10:10
   a.m., Tri-Lakes Chapel, room 209, 1750 Deer Creek
   Rd., Monument. Info: Kay, 481-9258.
- A.A. Big Book Study, every Thu., 7 p.m., Family of Christ Lutheran Church, 675 W. Baptist Rd. Info: 481-0431
- Tri-Lakes Land Use Committee Meeting, Mon., Feb. 6, 6:30-8:30 p.m., 166 2nd St., Monument. Get involved: give input on proposed developments in the Tri-Lakes area to influence the direction of growth. All are welcome. Meets 1st Mon. each month. Info: TriLakesluc@gmail.com.
- American Legion Tri-Lakes Post 9-11, Tue., Feb. 7, 6:30 p.m., Depot Restaurant, Hwy 105 & Primrose St., Palmer Lake. New members welcome. Meets 1st Tue. each month. Info: 481-8668, www.americanlegiontrilakespost911.com.
- Foot Care Clinic, Wed., Feb. 8, Senior Center located across the street from the Tri-Lakes YMCA, on the Lewis-Palmer High School campus. A registered nurse examines your feet and provides foot care advice, toenail trimming. Cost: \$30 for a 30-min. visit. Meets 2nd Wed. and last Fri. each month, by appointment only. Info & appointments: call the Visiting Nurse Association, 577-4448.
- Black Forest AARP Potluck Lunch & Meeting, Wed., Feb. 8, noon, Black Forest Lutheran Church, 12455 Black Forest Rd. All ages welcome. Meets 2nd Wed. each month. Info: Chuck, 749-9227, or www. aarpchapter1100blackforest.weebly.com.
- Senior Bingo, Thu., Feb. 9, Mountain Community Mennonite Church, 643 Hwy 105, Palmer Lake, after the senior lunch. Come for lunch at noon, then stay and play. Free! Prizes! Meets 2nd Thu. each month. Info: Maggie Nealon, 488-3037.
- **Bridge**, Thu., **Feb. 9**, 1-4 p.m., Tri-Lakes Senior Center located on Lewis-Palmer High School campus. Walk-ins are welcome. Meets 2nd Thu. each month. Reservation suggested: call Judy, 626-399-2733.
- Legacy Sertoma Dinner Meeting, Thu., Feb. 9, 6:30 p.m., Monument Hill Country Club, 18945 Pebble Beach Way, Monument. New members and visitors welcome. Meets 2nd & 4th Thu. each month. Info: Ed Kinney, 481-2750.
- Ben Lomond Gun Club, Tri-Lakes Chapter, Thu., Feb. 9, 7 p.m., Tri-Lakes Fire Station 1, 18650 Hwy 105 west of Monument near the bowling alley. Meets 2nd Thu. each month. Info: 481-3364.
- La Leche League Meeting, Fri., Feb. 10, 10 a.m., Monument Branch Library, 1706 Lake Woodmoor Dr. Mothers, babies, and mothers-to-be are all invited. Meets 2nd Fri. each month. Info: Kelley, 440-2477, kdghorashi@gmail.com.
- Tri-Lakes Mom's Club, Fri., Feb. 10, 10-11:30 a.m., Monument Branch Library, 1706 Lake Woodmoor Dr.

- A support group designed for the full- or part-time athome mom. Info: http://tri-lakes-momsclub.weebly. com/.
- Palmer Lake Art Group, Sat., Feb. 11, 9 a.m., Mountain Community Mennonite Church, 643 Hwy 105, Palmer Lake. A variety of art programs are offered after the social gathering and business meeting. Guests welcome. Meets 2nd Sat. each month. Info: 487-1329, www.palmerlakeartgroup.com.
- Collection Facility, Sat., Feb. 11, 9 a.m.-1 p.m., 3255 Akers Dr., Colorado Springs. Open the 2nd Sat. each month as well as Mon.-Thu., 7 a.m.-5 p.m., accepts porcelain fixtures, common recyclable items, household hazardous waste, various electronics, and TVs up to 19-inch diagonal. Accepts documents from private households for shredding, up to two legal paper-sized boxes. Bring a nonperishable food item for Care and Share. Info: 520-7878, http://adm.elpasoco.com/Environmental Services/Solid Waste Management.
- Alzheimer's Caregiver Support Group, Sat., Feb. 11, 9:45-11:30 a.m., The First National Bank of Monument, 581 Hwy 105. Meets 2nd Sat. each month. Info: Gail, 481-3711.
- Chess Nuts, Mon., Feb. 13, 5-9 p.m., Tri-Lakes Senior Center. Any age, any skill. Learners welcome. Drop in and leave when you want. Bring your own board and pieces if you have them. Meets 2nd & 4th Mon. each month. Info: www.TriLakesSeniors.org/chess.
- Gleneagle Sertoma Luncheon Meeting, Wed., Feb. 15, 11:45 a.m.-1 p.m., Liberty Heights, 12105 Ambassador Dr., (off Voyager Blvd in Colorado Springs). Interesting speakers and programs; all are welcome. Meets 1st & 3rd Wed. each month. Info: Garrett Barton, 433-5396; Duane Gritzmaker, 481-2424; www. gleneaglesertoma.org.
- Senior Bingo, Wed., Feb. 15, 1-2 p.m., Tri-Lakes Senior Center, Lewis-Palmer High School campus. Meets 3rd Wed. each month. Info: Sue Walker, 464-6873
- **Drummers!** Wed., **Feb. 15**, 6:30-8 p.m., Yoga Pathways, Suite A, West End Center, 755 Hwy 105, Palmer Lake. Free and open to the public. Bring any kind of drum or other hand percussion instrument. Beginners welcome! Usually meets 3rd Wed. each month. Verify date & time: Nan, 481-3256.
- VFW Auxiliary to Post 7829, Wed., Feb. 15, 7 p.m., Monument Hill Country Club, 18945 Pebble Beach Way, Monument. New members welcome. If you are a male or female relative of a veteran who served on foreign soil during war or other military action, you may be eligible. Meets 3rd Wed. each month. Info: Kathy Carlson, 488-1902, carlsonmkc@aol.com.
- Mt. Herman 4-H Club, Thu., Feb. 16, 6:30 p.m., Prairie Winds Elementary School, 790 E. Kings Deer Point, Monument. All are welcome. Meets 3rd Thu. each month. Info: Tim O'Grady, 481-1324.
- Tri-Lakes Lions Club, Thu., Feb. 16, 6:30 p.m. social, 7-8 p.m. meeting, Sundance Mountain Lodge, 1865 Woodmoor Dr., Monument. Meets 3rd Thu. each month. Info: David Prejean, 434-7031.
- Palmer Lake Historical Society: John Cleveland Osgood: Colorado Coal Baron, Thu., Feb. 16, 7 p.m. Mike and Sigi Walker present the story of Osgood, who was said to be the fifth or sixth richest man in America. Meets 3rd Thu. each month. Info: 559-0837, www.palmerdividehistory.org.
- Foot Care Clinic, Fri., Feb. 17, Senior Center located across the street from the Tri-Lakes YMCA, on the Lewis-Palmer High School campus. A registered nurse examines your feet and provides foot care advice, toenail trimming. Cost: \$35 for a 30-min. visit. Meets 2nd Wed., 3rd and last Fri. each month, by appointment only. Info & appointments: call the Visiting Nurse Association, 577-4448.
- Monument Hill Farmers Market Winter Indoor Market, Sat., Feb. 18, 9 a.m.-2 p.m., Grace Best, 66 Jefferson St., Monument. Many new vendors plus all your old favorites. Meets every 3rd Sat. through April. Info: 592-9420.
- Amateur Radio W0TLM (Tri-Lakes Monument Radio Association), Mon., Feb. 20, 7 p.m., Tri-Lakes Chamber of Commerce, 166 2nd St, Monument. All amateur radio operators or those interested in becoming amateur radio operators are welcome. Meets 3rd Mon. Info: Joyce Witte, 661-9824, Joycewitte@gmail.com; www.W0TLM.com.
- Senior Tea, Tue., Feb. 21, 1-3 p.m., Senior Center at Lewis-Palmer High School (across from the YMCA). Come early to socialize, bring a salad or dessert to share. Meat dishes and tea provided. Voluntary donations welcome. Meets 3rd Tue. each month. Info: Irene C., 484-0517.
- Fibromyalgia Support Group, Tue., Feb. 21, 5 p.m., Police Station, 7850 Goddard (1 block off Academy on Kelly Johnson near Chapel Hills Mall), Community Room just inside main entrance. A DVD will play

- 5-6 p.m.; meeting starts at 6 p.m. Share concerns and success stories and talk to a D.O. Learn how you can become pain-free. No charge, no products sold. Meets 3rd Tue. each month. Info: 481-2230.
- Outpouring: TLUMC Supporting our Community, Tue., Feb. 21, 7 p.m., back Barrel Room at Pikes Peak Brewing Company, 1756 Lake Woodmoor Dr., Monument. Gov Vaughn will discuss Wine 101, the business of wine, and wines of Colorado. Gov travels all over the US and Europe checking out vineyards and wines and is a broker for the wine market. Everyone is welcome. Meets 3rd Tue. each month. Info: Mr. Lynn Weber 488-2832, LWeber1971@aol.com.
- Veterans of Foreign Wars Post 7829, Tue., Feb. 21, 7 p.m., Monument Hill Country Club 18945 Pebble Beach Way, Monument. New members welcome. Meets 3rd Tue. each month. Info: Post Commander Joe Carlson, jcarlson@vfw7829.org, 488-1902, www. vfw7829.org.
- Senior Social, Wed., Feb. 22, 1-4 p.m., Fellowship Hall of the Black Forest Lutheran Church, 12455 Black Forest Rd. Meets 4th Wed. each month. Info: aarpchapter1100blackforest.weebly.com.
- Foot Care Clinic, Fri., Feb. 24, Senior Center located across the street from the Tri-Lakes YMCA, on the Lewis-Palmer High School campus. A registered nurse examines feet and provides foot care advice, toenail trimming. Cost: \$35 for a 30-min. visit. Meets 2nd Wed., 3rd and last Fri. each month, by appointment only. Info & appointments: call the Visiting Nurse Association, 577-4448.
- Chess Nuts, Mon., Feb. 27, 5-9 p.m., Tri-Lakes Senior Center, across the street from the YMCA. Any age, any skill. Learners welcome. Drop in and leave when you want. Bring your own board and pieces if you have them. Meets 2nd & 4th Wed. each month. Info: www.TriLakesSeniors.org/chess.
- Gleneagle Sertoma Luncheon Meeting, Wed., Mar.
   1, 11:45 a.m.-1 p.m., Liberty Heights, 12105 Ambassador Dr., Colo. Interesting speakers and programs; all are welcome. Meets 1st & 3rd Wed. each month. Info: Garrett Barton, 433-5396; Duane Gritzmaker, 481-2424; www.gleneaglesertoma.org.
- Monument Homemakers Club Monthly Potluck Lunch & Meeting, Thu., Mar. 2, 11:30 a.m., Tri-Lakes Chamber of Commerce, 166 Second St., Monument. Meets 1st Thu. each month except Jan. and unless D-38 is delayed or closed. Newcomers welcome. For a ride to the meeting, call Faye Brenneman, 488-0076. RSVP & info: Irene Walters, 481-1188, or Bev Wells, 488-3327.
- Palmer Divide Quiltmakers, Thu., Mar. 2, 7 p.m. (6:30 p.m. for social time), Trinity Lutheran Church 17750 Knollwood Dr., Monument. Meets 1st Thu. each month. Info: pdq504@gmail.com.
- Lupus Support Group. If you suffer with an autoimmune disease and want to connect with others, you are welcome to join this group. Info: dmbandle@hotmail.com.
- Myasthenia Gravis Association of Colorado Support Group. Location varies. Info: Carolyn, 488-3620, www.4-mga.org, 303-360-7080, 4mga@4-mga.org.

## SPECIAL EVENTS

- Ranger Lacrosse Parent Meeting, Sat., Feb. 4, 2:15-5:30 p.m. (also 10 a.m.-noon). Monument Branch Library, 1706 Lake Woodmoor Dr. For boys K-8th grade. Season starts Mar. 1. Info: 488-2370, www.ppld.org, www.rangerlacrosse.org.
- Branson on the Road Concert at Tri-Lakes Center for the Arts (TLCA), Sat., Feb. 4, 7 p.m., doors open at 6 p.m., 304 Hwy 105, Palmer Lake. Tickets & Info: www.trilakesarts.org, 481-0475.
- Community Emergency Response Training (CERT), Mon. nights, Feb. 6 Mar. 6, 5:30-9:15 p.m., Palmer Ridge High School, 19255 Monument Hill Rd., Monument. Learn the basics of how to respond to a disaster or emergency in this free course given by the El Paso County Office of Emergency Management. Light snacks provided. Register at www.epccertfeb17. eventzilla.net. Info: Robin, 575-8858.
- Free Monthly Education Series: Strategic Planning Using Business Model Canvas, Wed., Feb. 8, 9 a.m.-noon, Tri-Lakes Chamber Of Commerce, 166 Second St., Monument. Learn how this relatively new and more visually-based business planning methodology allows you to describe, design, challenge, invent, and pivot your business model. RSVP & Info: www. coloradosbdc.org/training and click on 'Workshops," www.trilakeschamber.com.
- Stroke & Heart Attack Awareness, Wed., Feb. 8, 9:30-11:30 a.m., Black Forest Lutheran Church, 12455 Black Forest Rd. Black Forest AARP will host this presentation by a paramedic from the Black Forest Fire and Rescue. All are invited and welcome to stay for the lunch and meeting at noon. Info: Gwen, 495-2176.