

- Senior Beat newsletter. A \$2.25 donation is requested. Stay for bingo the 2nd Thu. each month. Reservations are requested, phone 884-2304.
- **Western Museum of Mining & Industry** (WMMI), open **Mon.-Sat.**, 9 a.m.-4 p.m., daily guided tours at 10 a.m. and 1 p.m. Cost: \$8 adults, \$7 military/AAA, \$6 seniors & students, \$4 children 3-12, free to children under 3 & museum members. WMMI is located at 225 North Gate Blvd. (I-25 Exit 156 A). Info: 488-0880, info@wmmi.org, www.wmmi.org.
  - **Tri-Lakes Silver Alliance Thrift Store**, open **Mon.-Sat.**, 10 a.m.-4 p.m., 755 Hwy 105, Suite N, in the West End Center. Seniors 62+ get a 20% discount on Wednesdays. All proceeds support Tri-Lakes Senior Programs. If you have furniture to donate, call 488-3495 for a pickup. Info: www.TriLakesSeniors.org.
  - **Tri-Lakes YMCA Senior Coffee**, every **Tue.**, 9:30-11:30 a.m., 17250 Jackson Creek Pkwy, Monument. Members and non-members are welcome. Socialize, have coffee and snacks in the front lobby. Free. Info: 630-2604, hbrandon@ppymca.org, www.ppymca.org.
  - **Al-anon Meeting: Monument Serenity**, every **Tue.**, 7:30-8:30 p.m., Ascent Church, (formerly the Tri-Lakes Chapel) 1750 Deer Creek Rd., Monument. Info: Kay, 481-9258.
  - **Act II Thrift Shop**, open **Tue.-Fri.**, 10 a.m.-5 p.m.; **Sat.**, 10 a.m.-2 p.m. Proceeds benefit Tri-Lakes area non-profits. Info: 487-3268, cara@mynorthlandchurch.org, www.mynorthlandchurch.org/act-ii.
  - **Gentle Hatha Yoga Class** with Olivia Pennington, every **Wed.**, 9:30-11 a.m., Palmer Lake Town Hall, 28 Valley Crescent. All levels. Cost: \$7. Info: 481-2953 (then press 0) or www.townofpalmerlake.com.
  - **Tai Chi for Health and Wellness Classes**, every **Wed.**, noon-1 p.m., Sundance Studio, 1450 Cipriani Loop, Monument. Info: 232-1618, sifumo@whitecranetaichi.net.
  - **Palmer Divide Run Club Social Run**, every **Wed.**, 6 p.m., If you like to run or walk a 5K and enjoy local food and beverages, join us! Info: PalmerDivideRunClub@gmail.com, www.facebook.com/PalmerDivideRunClub/
  - **Tri-Lakes Church of Christ** Wednesday Night Fellowship Meal (Free) & Classes, every **Wed.**, 6-7:30 p.m., 20450 Beacon Lite Road, Monument (Corner of Beacon Lite & County Line Roads). Info: 488-9613, gregsmith@trilakeschurch.org, www.trilakeschurch.org.
  - **Al-anon Meeting: Letting Go**, every **Thu.**, 9-10:10 a.m., Tri-Lakes Chapel, room 209, 1750 Deer Creek Rd., Monument. Info: Kay, 481-9258.
  - **A.A. Big Book Study**, every **Thu.**, 7 p.m., Family of Christ Lutheran Church, 675 W. Baptist Rd. Info: 481-0431.
  - **Chess Nuts**, **Mon.**, **May 8**, 5-9 p.m., Tri-Lakes Senior Center. Any age, any skill. Learners welcome. Drop in and leave when you want. Bring your own board and pieces if you have them. Meets 2nd & 4th Mon. each month. Info: www.TriLakesSeniors.org/chess.
  - **Palmer Divide Photographers Group**, **Mon.**, **May 8**, 7 p.m., Tri-Lakes Center for the Arts, 304 Hwy 105, Palmer Lake. Jim and Marjorie Van Hoy will highlight some of the photographs taken on their tour of Patagonia, Chile and Argentina. All are welcome. Meets 2nd Mon. each month. Info: www.pdphotographers.com.
  - **Tri-Lakes Chamber Monthly Education Series: Understand Your Brand/Marketing**, **Tue.**, **May 9**, 11:30 a.m.-1 p.m., 166 Second St., Monument. Bring some food and learn! Register online, www.trilakeschamber.com/events-calendar.htm. Info: 481-3282.
  - **Foot Care Clinic**, **Wed.**, **May 10**, Senior Center located across the street from the Tri-Lakes YMCA, on the Lewis-Palmer High School campus. A registered nurse examines your feet and provides foot care advice, toenail trimming. Cost: \$30 for a 30-min. visit. Meets 2nd Wed. and last Fri. each month, by appointment only. Info & appointments: call the Visiting Nurse Association, 577-4448.
  - **Black Forest AARP Potluck Lunch & Meeting**, **Wed.**, **May 10**, noon, Black Forest Lutheran Church, 12455 Black Forest Rd. All ages welcome. Meets 2nd Wed. each month. Info: Chuck, 749-9227, or www.aarpchapter1100blackforest.weebly.com.
  - **Senior Bingo**, **Thu.**, **May 11**, Mountain Community Mennonite Church, 643 Hwy 105, Palmer Lake, after the senior lunch. Come for lunch at noon, then stay and play. Free! Prizes! Meets 2nd Thu. each month. Info: Maggie Nealon, 488-3037.
  - **Bridge**, **Thu.**, **May 11**, 1-4 p.m., Tri-Lakes Senior Center located on Lewis-Palmer High School campus. Walk-ins are welcome. Meets 2nd Thu. each month. Reservation suggested: call Judy, 626-399-2733.
  - **Legacy Sertoma Dinner Meeting**, **Thu.**, **May 11**, 6:30 p.m., Monument Hill Country Club, 18945 Pebble Beach Way, Monument. New members and visitors welcome. Meets 2nd & 4th Thu. each month. Info: Ed Kinney, 481-2750.
  - **Ben Lomond Gun Club**, Tri-Lakes Chapter, **Thu.**, **May 11**, 7 p.m., Tri-Lakes Fire Station 1, 18650 Hwy 105 west of Monument near the bowling alley. Meets 2nd Thu. each month. Info: 481-3364.
  - **La Leche League Meeting**, **Fri.**, **May 12**, 10 a.m., Monument Branch Library, 1706 Lake Woodmoor Dr. Mothers, babies, and mothers-to-be are all invited. Meets 2nd Fri. each month. Info: Kelley, 440-2477, kdghorashi@gmail.com.
  - **El Paso County Hazardous Materials & Recycling Collection Facility**, **Sat.**, **May 13**, 9 a.m.-1 p.m., 3255 Akers Dr., Colorado Springs. Open the 2nd Sat. each month as well as Mon.-Thu., 7 a.m.-5 p.m., accepts porcelain fixtures, common recyclable items, household hazardous waste, various electronics, and TVs up to 19-inch diagonal. Accepts documents from private households for shredding, up to two legal paper-sized boxes. Bring a nonperishable food item for Care and Share. Info: 520-7878, http://adm.elpasoco.com/Environmental\_Services/Solid\_Waste\_Management.
  - **Palmer Lake Art Group**, **Sat.**, **May 13**, 9 a.m., Mountain Community Mennonite Church, 643 Hwy 105, Palmer Lake. A variety of art programs are offered after the social gathering and business meeting. Guests welcome. Meets 2nd Sat. each month. Info: 487-1329, www.palmerlakeartgroup.com.
  - **Alzheimer's Caregiver Support Group**, **Sat.**, **May 13**, 9:45-11:30 a.m., The First National Bank of Monument, 581 Hwy 105. Meets 2nd Sat. each month. Info: Gail, 481-3711.
  - **NEPCO Meeting**, **Sat.**, **May 13**, 10 a.m.-noon, New Monument Town Hall & Police Building, 645 Beacon Lite Rd., Monument. The speaker is Lenard Rioth, HOA Attorney. All are welcome to this meeting of local homeowners associations. Info: 481-2723 or visit www.nepco.org.
  - **Amateur Radio W0TLM** (Tri-Lakes Monument Radio Association), **Mon.**, **May 15**, 7 p.m. All amateur radio operators or those interested in becoming amateur radio operators are welcome. Meets 3rd Mon. Info: Joyce Witte, 661-9824, Joycewitte@gmail.com; www.W0TLM.com.
  - **Senior Tea**, **Tue.**, **May 16**, 1-3 p.m., Senior Center at Lewis-Palmer High School (across from the YMCA). Come early to socialize, bring a salad or dessert to share. Meat dishes and tea provided. Voluntary donations welcome. Meets 3rd Tue. each month. Info: Irene C., 484-0517.
  - **Fibromyalgia Support Group**, **Tue.**, **May 16**, 5 p.m., Police Station, 7850 Goddard (1 block off Academy on Kelly Johnson near Chapel Hills Mall), Community Room just inside main entrance. A DVD will play 5-6 p.m.; meeting starts at 6 p.m. Share concerns and success stories and talk to a D.O. Learn how you can become pain-free. No charge, no products sold. Meets 3rd Tue. each month. Info: 481-2230.
  - **Outpouring: TLUMC Supporting our Community**, **Tue.**, **May 16**, 7 p.m., back Barrel Room at Pikes Peak Brewing Company, 1756 Lake Woodmoor Dr., Monument. Everyone is welcome. Meets 3rd Tue. each month. Info: Mr. Lynn Weber 488-2832, LWeber1971@aol.com.
  - **Veterans of Foreign Wars Post 7829**, **Tue.**, **May 16**, 7 p.m., Monument Hill Country Club 18945 Pebble Beach Way, Monument. New members welcome. Meets 3rd Tue. each month. Info: Post Commander Joe Carlson, jcarlson@vfw7829.org, 488-1902, www.vfw7829.org.
  - **Gleneagle Sertoma Luncheon Meeting**, **Wed.**, **May 17**, 11:45 a.m.-1 p.m., Liberty Heights, 12105 Ambassador Dr., (off Voyager Blvd in Colorado Springs). Interesting speakers and programs; all are welcome. Meets 1st & 3rd Wed. each month. Info: Garrett Barton, 433-5396; Duane Gritzmaker, 481-2424; www.gleneaglesertoma.org.
  - **Senior Bingo**, **Wed.**, **May 17**, 1-2 p.m., Tri-Lakes Senior Center, Lewis-Palmer High School campus. Meets 3rd Wed. each month. Info: Sue Walker, 464-6873.
  - **Drummers!** **Wed.**, **May 17**, 6:30-8 p.m., Yoga Pathways, Suite A, West End Center, 755 Hwy 105, Palmer Lake. Free and open to the public. Bring any kind of drum or other hand percussion instrument. Beginners welcome! Usually meets 3rd Wed. each month. Verify date & time: Nan, 481-3256.
  - **VFW Auxiliary to Post 7829**, **Wed.**, **May 17**, 7 p.m., Monument Hill Country Club, 18945 Pebble Beach Way, Monument. New members welcome. If you are a male or female relative of a veteran who served on foreign soil during war or other military action, you may be eligible. Meets 3rd Wed. each month. Info: Kathy Carlson, 488-1902, carlsonmkc@aol.com.
  - **Art Hop is back!** **Thu.**, **May 18**, 5-8 p.m., Downtown Monument west of I-25. The 3rd Thu. each month, May-Sept., the galleries, restaurants, and boutiques of historic downtown Monument stay open until 8 p.m. for a celebration featuring art openings, book signings, great food, live music, and more. Info: 481-3282, www.monumentarthop.org.
  - **Art Hop Book Signing at Covered Treasures Bookstore**, **Thu.**, **May 18**, 5-8 p.m., 105 Second St., Monument. Peter Heller will sign his book, *Celine*. Free, open to all. Info: 481-2665, www.coveredtreasures.com.
  - **Mt. Herman 4-H Club**, **Thu.**, **May 18**, 6:30 p.m., Prairie Winds Elementary School, 790 E. Kings Deer Point, Monument. All are welcome. Meets 3rd Thu. each month. Info: Tim O'Grady, 481-1324.
  - **Palmer Lake Historical Society: Charles Goodnight in Colorado**, **Thu.**, **May 18**, 7 p.m., Palmer Lake Town Hall, 28 Valley Crescent. Laurel Campbell and Lynda Crawford present the history of cattleman Charles Goodnight's life. Light refreshments after the presentation. Meets 3rd Thu. each month. Info: 559-0837, www.palmerdividehistory.org.
  - **Foot Care Clinic**, **Fri.**, **May 19**, Senior Center located

across the street from the Tri-Lakes YMCA, on the Lewis-Palmer High School campus. A registered nurse examines your feet and provides foot care advice, toenail trimming. Cost: \$35 for a 30-min. visit. Meets 2nd Wed., 3rd and last Fri. each month, by appointment only. Info & appointments: call the Visiting Nurse Association, 577-4448.

- **Chess Nuts**, **Mon.**, **May 22**, 5-9 p.m., Tri-Lakes Senior Center, across the street from the YMCA. Any age, any skill. Learners welcome. Drop in and leave when you want. Bring your own board and pieces if you have them. Meets 2nd & 4th Mon. each month. Info: www.TriLakes-Seniors.org/chess.
  - **Senior Social**, **Wed.**, **May 24**, 1-4 p.m., Fellowship Hall of the Black Forest Lutheran Church, 12455 Black Forest Rd. Meets 4th Wed. each month. Info: aarpchapter1100blackforest.weebly.com.
  - **Foot Care Clinic**, **Fri.**, **May 26**, Senior Center located across the street from the Tri-Lakes YMCA, on the Lewis-Palmer High School campus. A registered nurse examines feet and provides foot care advice, toenail trimming. Cost: \$35 for a 30-min. visit. Meets 2nd Wed., 3rd and last Fri. each month, by appointment only. Info & appointments: call the Visiting Nurse Association, 577-4448.
  - **Monument Homemakers Club Monthly Potluck Lunch & Meeting**, **Thu.**, **Jun. 1**, 11:30 a.m., Tri-Lakes Chamber of Commerce, 166 Second St., Monument. Meets 1st Thu. each month except Jan. and unless D-38 is delayed or closed. Newcomers welcome. For a ride to the meeting, call Faye Brenneman, 488-0076. RSVP & info: Irene Walters, 481-1188, or Bev Wells, 488-3327.
  - **Palmer Divide Quiltmakers**, **Thu.**, **Jun. 1**, 6:30 p.m. social, 7 p.m. meeting, Trinity Lutheran Church 17750 Knollwood Dr., Monument. Meets 1st Thu. each month. Info: pdq504@gmail.com.
  - **Tri-Lakes Lions Club**, **Thu.**, **Jun. 1**, 6:30 p.m. social, 7-8 p.m. meeting, The Country Club at Woodmoor, 18945 Pebble Beach Way, Monument. Meets 1st Thu. each month. Info: David Prejean, 434-7031.
  - **Lupus Support Group**. If you suffer with an autoimmune disease and want to connect with others, you are welcome to join this group. Info: dmbandle@hotmail.com.
  - **Myasthenia Gravis Association of Colorado Support Group**. Location varies. Info: Carolyn, 488-3620, www.4-mga.org, 303-360-7080, 4mga@4-mga.org.
- SPECIAL EVENTS**
- **Black Forest Arts & Crafts Guild 53rd Annual Spring Show & Sale**, **Thu.-Sun.**, **May 4-7**, 9 a.m.-8 p.m. **Thu.-Sat.**, 10 a.m.-2 p.m. **Sun.**, Black Forest Community Center, 12530 Black Forest Rd. Free admission, non-perishable donations welcome. More than 90 artisan and culinary members will sell unique items. A portion of sale proceeds benefit the BFACG Scholarship Fund and the Black Forest community. The facility is wheelchair accessible, but no strollers allowed due to fire regulations. Info: www.facebook.com/BFACG, www.bfacg.org, 495-3217.
  - **Neighborhood Wildfire Leadership Summit**, **Sat.**, **May 6**, 9 a.m.-noon, 20256 Hunting Downs Way, Monument. Join neighborhood leaders from throughout El Paso County working to create more Firewise Communities. Free, brunch included. Register & Info: epwildfire.eventzilla.net.
  - **Palmer Lake Free Chipping Day**, **Sat.**, **May 6**, 9 a.m.-3 p.m. Palmer Lake residents can bring slash to a site on County Line Road. Arrange branches parallel with butt ends pointed toward the rear of the vehicle. No stumps, roots, lumber, trash. Remove pine needles from branches. Call May 5 for location. Info: 481-2953.
  - **Tri-Lakes Community Celebration**, **Sat.**, **May 6**, 6-9 p.m., Maguireville, 18110 Knollwood, Woodmoor. A fundraiser for the Tri-Lakes Y featuring comedy, cocktails, heavy hors d'oeuvres, and a silent auction. Info: 481-8728.
  - **Rocky Mountain Music Alliance: Works for Violin, Oboe, & Piano**, **Sat.**, **May 6**, 7 p.m., Tri-Lakes United Methodist Church, 20256 Hunting Downs Way. Buy \$10 tickets online, www.rmmaonline.org, or \$12 at the door. Students with ID, and children 12 and under are free. Info: Coleen Abeyta, 630-8165, Coleen.Abeyta@gmail.com, www.rmmaonline.org.
  - **41st Annual Pine Forest Spring Show & Sale**, **Sat.-Sun.**, **May 6-7**, **Sat.**, 10 a.m.-5 p.m.; **Sun.**, 11 a.m.-3 p.m., Lewis-Palmer High School, 1300 Higby Rd., Monument. This annual fundraiser presented by the Tri-Lakes Women's Club features antiques, home decor, garden exhibits, gourmet food trucks, "The Bakery," raffle, glass repair, and MOPS Kid's Corner. Admission: \$6. Bring in ad or a can of food for Tri-Lakes Cares for \$1 off admission. All proceeds benefit nonprofit service organizations and public schools in the Tri-Lakes community. For more information visit www.tlwc.net.
  - **Pack for the Platte Pack Test Fundraiser for the Coalition for the Upper South Platte (CUSP)**, **Sun.**, **May 7**, 7:30 a.m.-1 p.m., Baptist Road trailhead access to the New Santa Fe Trail, Monument. Take the pack test that every firefighter must pass each year and see how you stack up. Carry 45 pounds for 3 miles in 45 minutes alongside our wildland firefighting crew and other firefighters,. Donations will support CUSP's Wildland Fire