

to SeniorBeat@TriLakesSeniors.org. *Senior Beat* can also be viewed online at www.TriLakesSeniors.org.

Help the Black Forest Animal Sanctuary (BFAS) rescue animals

Southern Colorado Animal Rescue BFAS is an animal rescue and rehab farm that has been helping animals since 1994. The all-volunteer organization has rescued thousands of horses, farm animals, dogs, cats, and various small wild animals and birds. BFAS provides rescue operations, adoption programs, foster and sponsorship programs, a student/horse education program, service dogs to veterans, and local and national rescue efforts. They also work with local schools and scouts. Donations are needed for supplies, and volunteers are needed for day-to-day operations. To find out how you can help, call

494-0158, email BFASFarm@gmail.com, or visit www.bfasfarm.org.

County launches new community website

Check out all the interesting county data available for you at <http://community.spatalest.com/co/elpaso/>.

CSU Extension launches

"Your Energy" website and blog

The Colorado State University Extension now has a "Your Energy" website to help Coloradans make more informed energy decisions. The site includes decision tools, fact sheets, and a blog. The decision tools can help you figure out energy savings from using more efficient lighting, low-flow showerheads, heating and cooling systems, water heaters, and more.

Other tools can help you understand how much you spend on heating, cooling, and baseload electricity and your bottom line if you install a wind turbine or solar array. Visit the site at <http://yourenergy.extension.colostate.edu/>.

Free gun-lock kit

The Monument Police Department is offering free firearm safety kits to local residents through a partnership with Project ChildSafe, the nationwide firearms safety education program. Each kit contains gun safety information and a cable-style gun lock that fits most types of handguns, rifles, and shotguns. The Police Department administrative offices at 645 Beacon Lite Rd. are open Monday-Friday, 8 a.m. to 5 p.m. Drop by during those times to pick up a free gun-lock kit. For information, phone 481-3253. ■

Our Community Calendar

By Judy Barnes, Community Calendar Editor
Although we strive for accuracy in these listings, dates or times are often changed after publication. Please double-check the time and place of any event you wish to attend by calling the info number for that event.

GOVERNMENTAL BODIES

- **Forest Lakes Metropolitan District Board Meeting**, Mon., Jun. 5, 10 a.m., 6385 Corporate Dr., Suite 200, Colo. Springs. Meets 1st Mon. each month. Info: 327-5810
- **Monument Board of Trustees Meeting**, Mon., Jun. 5, 6:30 p.m., Town Hall Board Room, 645 Beacon Lite Rd., Monument. Meets 1st and 3rd Mon. each month. Info: 884-8017.
- **El Paso County Planning Commission Meeting**, Tue., Jun. 6, 9 a.m., 2880 International Circle (off Union Blvd & Printers Pkwy). Meets 1st & 3rd Tue. (if required) each month. Info: 520-6300, <http://adm2.elpasoco.com/planning/agendas/pc/pc-agn.asp>.
- **D-38 Informational Meeting for Potential School Board Candidates**, Tue., Jun. 6, 5 p.m., Community Room, D-38 Administration Building, 146 Jefferson St., Monument. John Mann, past Board president, will host the meeting for citizens interested in running for the School Board in the November 2017 election. Seats for Director District 1 and Director District 3 will be on this election ballot. Info: Vicki Wood, secretary to the Board of Education, 481-9546, VWood@lewispalmer.org.
- **D-38 LPSD's Home School Enrichment Academy Open House**, Thu., Jun. 8, 1-3 p.m., 66 N. Jefferson St., Monument. Info: 488-4700.
- **Woodmoor Water & Sanitation District Board Meeting**, Thu., Jun. 8, 1 p.m., 1845 Woodmoor Dr., Monument. Meets 2nd Thu. each month. Info: 488-2525.
- **Monument Academy School Board Meeting**, Thu., Jun. 8, 6 p.m., school library, 1150 Village Ridge Point, Monument. Meets 2nd Thu. each month. Info: 481-1950, www.monumentacademy.net/school-board.
- **Palmer Lake Town Council Meeting**, Thu., Jun. 8, 6:30 p.m., Palmer Lake Town Hall, 28 Valley Crescent. Meets 2nd & 4th Thu. each month. Info: 481-2953, www.townofpalmerlake.com.
- **Tri-Lakes Wastewater Facility Joint Use Committee Meeting**, Tue., Jun. 13, 10 a.m., 16510 Mitchell Ave. Meets 2nd Tue. each month. Info: Bill Burks, 481-4053.
- **Triview Metropolitan District Board Meeting**, Tue., Jun. 13, 5 p.m., 15275 Struthers Rd. Meets 2nd Tue. each month. Info: 488-6868.
- **Palmer Lake Sanitation District Board Meeting**, Wed., Jun. 14, 10 a.m., 120 Middle Glenway. Meets 2nd Wed. each month. Info: 481-2732.
- **Palmer Lake Planning Commission Workshop**, Wed., Jun. 14, 6 p.m., Palmer Lake Town Hall, 28 Valley Crescent. Meets 2nd Wed. each month. Info: 481-2953, www.townofpalmerlake.com.
- **Monument Planning Commission Meeting**, Wed., Jun. 14, 6:30 p.m., Town Hall Board Room, 645 Beacon Lite Rd., Monument. Meets 2nd Wed. each month. Info: 884-8017.
- **Monument Board of Trustees Meeting**, Mon, Jun. 19, 6:30 p.m., Town Hall Board Room, 645 Beacon Lite Rd., Monument. Meets 1st and 3rd Mon. each month. Info: 884-8017.
- **El Paso County Planning Commission Meeting**, Tue., Jun. 20, 9 a.m., 2880 International Circle (off Union Blvd & Printers Pkwy). Meets 1st & 3rd Tue. (if required) each month. Info: 520-6300, <http://adm2.elpasoco.com/planning/agendas/pc/pc-agn.asp>.
- **Lewis-Palmer School District 38 Board Meeting**, Tue., Jun. 20, 6 p.m., Learning Center, 146 Jefferson St., Monument. A public hearing on the proposed budget is scheduled. Normally meets 3rd Thu. each month. Info: 488-4700.
- **Wescott Fire Protection District Board Meeting**, Tue., Jun. 20, 6:30 p.m., Station 1, 15415 Gleneagle Dr. Meets 3rd Tue. each month. Info: 488-8680.
- **Monument Sanitation District Board Meeting**, Wed., Jun. 21, 9 a.m., 130 2nd St. Now meets 3rd Wed. each month. Info: 481-4886.
- **Academy Water and Sanitation District Board Meeting**, Wed., Jun. 21, 6 p.m., Wescott Fire Station 1, 15415

Gleneagle Dr. Meets 3rd Wed. each month. Info: 481-0711.

- **Palmer Lake Planning Commission Meeting**, Wed., Jun. 21, 6 p.m., Palmer Lake Town Hall, 28 Valley Crescent. Meets 3rd Wed. each month. Info: 481-2953, www.townofpalmerlake.com.
- **Donala Water & Sanitation District Public Meeting**, Thu., Jun. 22, 1:30 p.m., 15850 Holbein Dr., Colorado Springs. Normally meets 3rd Thu. each month. Info: 488-3603.
- **Forest View Acres Water District Board Meeting**, Wed., Jun. 28, 6 p.m., Monument Sanitation District board room, 130 Second St. Meets 4th Wed. each month. Info: 488-2110, www.fvawd.com.
- **Tri-Lakes Monument Fire Protection District Board Meeting**, Wed., Jun. 28, 6:30 p.m., TLMFPD Station 1, 18650 Hwy 105. Meets 4th Wed. each month. Info: Jennifer Martin, 484-0911, www.tlmfire.org.
- **Woodmoor Improvement Association Board Meeting**, Wed., Jun. 28, 7 p.m., Woodmoor Barn, 1691 Woodmoor Dr. Meets 4th Wed. each month. Info: 488-2693, www.woodmoor.org.

LOCAL LIBRARY EVENTS

For library events, see the library events column on page 23 and visit www.ppld.org.

- **The Palmer Lake Library hours** are Tue.-Fri., 10 a.m.-6 p.m., and Sat., 10 a.m.-2 p.m. 66 Lower Glenway. Info: 481-2587, www.ppld.org.
- **The Monument Branch Library hours** are Mon.-Thu., 9 a.m.-9 p.m., Fri. & Sat, 10 a.m.-6 p.m., Sun., 1-5 p.m. 1706 Lake Woodmoor Dr. Info: 488-2370, www.ppld.org.

WEEKLY AND MONTHLY EVENTS

- **Monument Hill Farmers Market**, every Sat., 8 a.m.-2 p.m., In front of the D-38 Administration Building at 2nd and Jefferson St., Downtown Monument. Park behind the administration building or in the Catholic Church parking lot. Playground for the kids. Many new vendors plus all your old favorites! Info: 592-9420.
- **Monument Hill Kiwanis Club Breakfast Meeting**, every Sat., 8 a.m., new meeting place, D-38 Administration Building, 146 Jefferson St., Monument. Guests are welcome to the weekly meetings that feature speakers on a variety of topics and a free buffet breakfast. Join the 140+ men and women of the Tri-Lakes area who work together on projects to support our community. Info: Bob Hayes, 481-9693, www.monumenthillkiwanis.org.
- **Monument Community Yoga**, every Sat., 9 a.m., Woodmoor Community Center, 1691 Woodmoor Dr., Monument. All levels. Cost: cash donation. Info: BePresentYogaLLC@gmail.com.
- **Bingo by the American Legion**, every Sat., game sales start at 6 p.m., games start at 7 p.m., the Depot Restaurant, in Palmer Lake. Proceeds go to scholarships and other community support activities. Info: 481-8668, www.americanlegiontrilakespost911.com/bingo.htm.
- **Watercolor Painting Demo**, with art class afterward, every Sat.-Sun., 3-5 p.m. For watercolor art for fun and good health, join Janet Sellers and get free local scene coloring pages while she demos at local cultural, coffee, and food spots. RSVP & Info: janetsellers10@gmail.com, 357-7454.
- **Tri-Lakes United Methodist Church** Worship Hours, every Sun., 8, 9:30, & 11 a.m., Sunday school, all ages, 9:30 a.m., 20256 Hunting Downs Way, Monument. Info: 488-1365, www.tlumc.org.
- **Tri-Lakes Reformed Church** Sunday Worship, every Sun., 9:45 a.m., Woodmoor Community Center, 1691 Woodmoor Dr., Monument. Info: www.trilakesreformed.org.
- **Cathedral Rock Church** Sunday Service, every Sun., 10 a.m., Tri-Lakes YMCA, 17250 Jackson Creek Pkwy, Monument. Info: www.cathedralrockchurch.org.
- **Tai-Chi Class**, every Mon., 9-10:30 a.m., Palmer Lake Town Hall, 28 Valley Crescent. Cost: \$5. Drop-ins welcome. Info: 481-2953, www.townofpalmerlake.com.
- **Seniors: Tai Chi Classes**, every Mon., 11-noon, Senior Center at Lewis-Palmer High School (across from the YMCA). This soft, slow, and gentle form of exercise has many benefits. Registration required. \$3 suggested donation. RSVP & Info: 464-6873.
- **Tai Chi for Health and Wellness Classes**, every Mon.,

- noon-1 p.m., Dance Art Academy, 13866 Gleneagle Dr. Info: 232-1618, sifumo@whitecranetaichi.net.
- **Seniors Monday Movie Matinee**, every Mon., 1-4 p.m., Tri-Lakes Senior Center located on Lewis-Palmer High School campus. Free movies and snacks. See the schedule of films in Tri-Lakes Silver Alliance Senior Beat.
- **Sew Motion Knitting & Crochet Social Group**, every Mon., 3-5 p.m., 862 Hwy 105, Palmer Lake. Drop in, work on your yarn related projects, meet some new like-minded friends. No membership fee, no obligation. Info: 481-1565, www.sew-motion.com.
- **Artfully Speaking Toastmasters**, every Mon., 5:45 p.m., DeVry University, 1175 Kelly Johnson Blvd., room 13. Info: Jon Walsh, 640-9428; www.artfullyspeaking.toastmastersclubs.org.
- **Women's A.A. Step Study**, every Mon., 6 p.m. Family of Christ Lutheran Church, 675 W. Baptist Rd. Info: 481-0431.
- **Yin Yoga Classes**, every Mon., 6:30-7:45 p.m., Yoga Pathways Studio, 755 Hwy 105, West End Center, Suite A (3/4 mile west of Safeway). A slow yoga practice; all levels welcome. First class always free. Info: Deb Harano, 338-8467; DimensionsYoga@gmail.com.
- **Monument Hill Kiwanis Bingo**, every Mon., 7:30 pm, Carefree Bingo, 3440 N. Carefree Circle, Colo. Springs. All proceeds benefit those in need in the Tri-Lakes Community. Info: mark.zeiger@gmail.com.
- **Senior Citizen Luncheons**, every Mon.-Fri., 12-12:30 p.m., Mountain Community Mennonite Church, 643 Hwy 105, Palmer Lake. See the menu for the month in the Senior Beat newsletter. A \$2.25 donation is requested. Stay for bingo the 2nd Thu. each month. Reservations are requested, phone 884-2304.
- **Western Museum of Mining & Industry (WMMI)**, open Mon.-Sat., 9 a.m.-4 p.m., daily guided tours at 10 a.m. and 1 p.m. Cost: \$8 adults, \$7 military/AAA, \$6 seniors & students, \$4 children 3-12, free to children under 3 & museum members. WMMI is located at 225 North Gate Blvd. (I-25 Exit 156 A). Info: 488-0880, info@wmmi.org, www.wmmi.org.
- **Tri-Lakes Silver Alliance Thrift Store**, open Mon.-Sat., 10 a.m.-4 p.m., 755 Hwy 105, Suite N, in the West End Center. Seniors 62+ get a 20% discount on Wednesdays. All proceeds support Tri-Lakes Senior Programs. To donate furniture, call 488-3495 for a pickup. Info: www.TriLakesSeniors.org.
- **Tri-Lakes YMCA Senior Coffee**, every Tue., 9:30-11:30 a.m., 17250 Jackson Creek Pkwy, Monument. Members and non-members are welcome. Socialize, have coffee and snacks in the front lobby. Free. Info: 630-2604, hbrandon@ppymca.org, www.ppymca.org.
- **Al-anon Meeting: Monument Serenity**, every Tue., 7:30-8:30 p.m., Ascent Church, (formerly the Tri-Lakes Chapel) 1750 Deer Creek Rd., Monument. Info: Kay, 481-9258.
- **Act II Thrift Shop**, open Tue.-Fri., 10 a.m.-5 p.m.; Sat., 10 a.m.-2 p.m. Proceeds benefit Tri-Lakes area non-prof-

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