

**Tremor Support Group**, Sat., Jan. 20, 1-3 p.m. Movement disorder support group. Monument Branch Library, 1706 Lake Woodmoor Dr. Info: 488-2370, www.ppld.org.

- **Monument Library: History Buffs Book Discussion Group**, Wed., Jan. 24, 1-3 p.m. Meets 4th Wed. each month, Monument Branch Library, 1706 Lake Woodmoor Dr. Info: 488-2370, www.ppld.org.
- **Monument Library: Spinning Group**, Thu., Jan. 25, 1:30-3:45 p.m. Explore hand spinning. Monument Branch Library, 1706 Lake Woodmoor Dr. Info: 488-2370, www.ppld.org.
- **Monument Library: Undersea Wonders**, Thu., Jan. 25, 7-8:45 p.m. Dr. Pat Shahan presents a DVD of beautiful underwater images from the warm oceans of the world. Monument Branch Library, 1706 Lake Woodmoor Dr. Info: 488-2370, www.ppld.org.
- **Monument Library: Bonfils Blood Center Blood Drive**, Sat., Jan. 27, 11 a.m.-3 p.m., Monument Branch Library, 1706 Lake Woodmoor Dr. Info: 488-2370, www.ppld.org.
- **Monument Library: Coloring for All Ages**, Fri., Feb. 2, 3-5:45 p.m. Drop in once a month for coloring and light conversation. Pages and coloring tools provided. Monument Branch Library, 1706 Lake Woodmoor Dr. Info: 488-2370, www.ppld.org.
- **Monument Library: W0TLM Radio Association FCC Amateur Radio Service License Examinations**, Sat., Feb. 3, 12:30-2:45 p.m. Monument Branch Library, 1706 Lake Woodmoor Dr. Free and open to the public. Info: Joyce Witte, 661-9824, Joycewitte@gmail.com; www.W0TLM.com.
- **The Library Channel** (Comcast 17) broadcasts 24/7. See live simulcasts of programs, recorded presentations, a schedule of Library events, children's storytimes, an adult literacy program, El Paso County Commissioners meetings, and much more. Find the schedule online at www.ppld.org, then click on the link "Happenings @ Your Library," then click on the "Comcast 17" link to search the schedule.

**WEEKLY & MONTHLY EVENTS**

- **Monument Hill Kiwanis Club Breakfast Meeting**, every Sat., 8 a.m., D-38 Administration Building, 146 Jefferson St., Monument. Guests are welcome to the weekly meetings that feature speakers on a variety of topics and a free buffet breakfast. Join the 140+ men and women of the Tri-Lakes area who work together on projects to support our community. Info: Bob Hayes, 481-9693, www.monumenthillkiwanis.org.
- **Southwinds Fine Art Gallery Open Studio Saturdays**, every Sat., 10 a.m.-noon, 16575 Roller Coaster Rd. (at Baptist Road). Weekly costumed figure drawing studio sessions, no instruction. Cost: \$10. Info: 481-6157.
- **Bingo by the American Legion**, every Sat., game sales start at 6 p.m., games start at 7 p.m., the Depot Restaurant, in Palmer Lake. Proceeds go to scholarships and other community support activities. Info: 481-8668, www.americanlegiontrilakespost911.com/bingo.htm.
- **Watercolor Painting Demo**, with art class afterward, every Sat.-Sun., 3-5 p.m. For watercolor art for fun and good health, join Janet Sellers and get free local scene coloring pages while she demos at local cultural, coffee, and food spots. RSVP & Info: janetsellers10@gmail.com, 357-7454.
- **Fuel Church** Sunday Service, every Sun., 9:30 a.m. fellowship with free donuts and coffee, 10 a.m. main service; 14960 Woodcarver Rd. (just west of I-25 off Baptist Road). Non-denominational, spirit-led. Info: info@fuel.org, www.fuelchurch.org.
- **Tri-Lakes United Methodist Church** Worship Hours, every Sun., traditional services 8 & 11 a.m., contemporary service 9:30 a.m., Sunday school, all ages, 9:30 a.m., 20256 Hunting Downs Way, Monument. See ad on page 3. Info: 488-1365, www.tlumc.org.
- **Cathedral Rock Church** Sunday Service, every Sun., 10 a.m., Tri-Lakes YMCA, 17250 Jackson Creek Pkwy, Monument. See ad on page 11. Info: www.cathedralrockchurch.org.
- **St. Matthias Episcopal Church** Holy Communion, every Sun., 10 a.m., 18320 Furrow Rd. (1/2 mi. N of 105). Info: 426-9809, www.saint-matthias.org.
- **Tai-Chi Class**, every Mon., 9-10:30 a.m., Palmer

Lake Town Hall, 28 Valley Crescent. Cost: \$5. Drop-ins welcome. Info: 481-2953, www.townofpalmerlake.com.

- **Seniors: Tai Chi Classes**, every Mon., 11-noon, Senior Center at Lewis-Palmer High School (across from the YMCA). This soft, slow, and gentle form of exercise has many benefits. Registration required. \$3 suggested donation. RSVP & Info: 464-6873.
- **Seniors Monday Movie Matinee**, every Mon., 1-4 p.m., Tri-Lakes Senior Center located on Lewis-Palmer High School campus. Free movies and snacks. See the schedule of films in Tri-Lakes Silver Alliance *Senior Beat*.
- **Sew Motion Knitting & Crochet Social Group**, every Mon., 3-5 p.m., 862 Hwy 105, Palmer Lake. Drop in, work on your yarn related projects. Info: 481-1565, www.sew-motion.com.
- **Artfully Speaking Toastmasters**, every Mon., 5:45 p.m., DeVry University, 1175 Kelly Johnson Blvd., room 13. Info: Jon Walsh, 640-9428; www.artfullyspeaking.toastmastersclubs.org.
- **Women's A.A. Step Study**, every Mon., 6 p.m. Family of Christ Lutheran Church, 675 W. Baptist Rd. Info: 481-0431.
- **Yin Yoga Classes**, every Mon., 6:30-7:45 p.m., Yoga Pathways Studio, 755 Hwy 105, West End Center, Suite A (3/4 mile west of Safeway). A slow yoga practice; all levels welcome. First class always free. Info: Deb Harano, 338-8467; DimensionsYoga@gmail.com.
- **Monument Hill Kiwanis Bingo**, every Mon., 7:30 pm, Carefree Bingo, 3440 N. Carefree Circle, Colo. Springs. All proceeds benefit those in need in the Tri-Lakes Community. Info: mark.zeiger@gmail.com.
- **Adult Literacy Class**, every Mon. & Wed., 6-7:30 p.m., D-38 Admin. Building, 146 Jefferson St., Monument. Open to the public. Info: 488-4700.
- **Senior Citizen Luncheons**, every Mon.-Fri., 12-12:30 p.m., Mountain Community Mennonite Church, 643 Hwy 105, Palmer Lake. See the menu for the month in the Senior Beat newsletter. A \$2.25 donation is requested. Stay for bingo the 2nd Thu. each month. Reservations are requested, phone 884-2304.
- **Western Museum of Mining & Industry** (WMMI), open Mon.-Sat., 9 a.m.-4 p.m., 225 North Gate Blvd. (I-25 Exit 156 A). Daily guided tours at 10 a.m. and 1 p.m. Cost: \$9 adults, \$8 military/AAA, \$7 seniors & students, \$5 children 3-12, free to children under 3 & museum members. Info: 488-0880, info@wmmi.org, www.wmmi.org.
- **Tri-Lakes Silver Alliance Thrift Store**, open Mon.-Sat., 10 a.m.-4 p.m., 755 Hwy 105, Suite N, in the West End Center. Seniors 62+ get a 20% discount on Wednesdays. All proceeds support Tri-Lakes Senior Programs. To donate furniture, call 488-3495 for a pickup. See ad on page 32. Info: www.TriLakesSeniors.org.
- **Tri-Lakes YMCA Senior Coffee**, every Tue., 9:30-11:30 a.m., 17250 Jackson Creek Pkwy, Monument. Members and non-members are welcome. Socialize, have coffee and snacks in the front lobby. Free. Info: 630-2604, hbrandon@ppymca.org, www.ppymca.org.
- **Al-anon Meeting: Monument Serenity**, every Tue., 7:30-8:30 p.m., Ascent Church, (formerly the Tri-Lakes Chapel) 1750 Deer Creek Rd., Monument. Info: Kay, 481-9258.
- **Act II Thrift Shop**, open Tue.-Fri., 10 a.m.-5 p.m.; Sat., 10 a.m.-2 p.m. Proceeds benefit Tri-Lakes area non-profits. Info: 487-3268, cara@mynorthlandchurch.org, www.mynorthlandchurch.org/act-ii.
- **Tri-Lakes Awana Club**, every Wed., 6-7:45 p.m., 14960 Woodcarver Rd. (just west of I-25 off Baptist Road). For kids ages 5-12, club hosted by Fuel Church. Info: www.trilakesawana.org.
- **Tri-Lakes Church of Christ** Wednesday Night Fellowship Meal (Free) & Classes, every Wed., 6-7:30 p.m., 20450 Beacon Lite Road, Monument (Corner of Beacon Lite & County Line Roads). Info: 488-9613, gregsmith@trilakeschurch.org, www.trilakeschurch.org.
- **D-38 Home School Enrichment Academy**, every Thu., 8:20 a.m.-3:30 p.m., Grace Best Education Center, 66 Jefferson St., Monument. Use east entrance on Adams Street. Info: ctanner@lewispalmer.org, or enroll online at www.lewispalmer.org/domain/543.
- **Al-anon Meeting: Letting Go**, every Thu., 9-10:10 a.m., Tri-Lakes Chapel, room 209, 1750 Deer Creek Rd., Monument. Info: Kay, 481-9258.
- **A.A. Big Book Study**, every Thu., 7 p.m., Family

of Christ Lutheran Church, 675 W. Baptist Rd. Info: 481-0431.

- **Tri-Lakes Land Use Committee Meeting**, Mon., Jan. 8, 6:30-8:30 p.m., 166 2nd St., Monument. Get involved: give input on proposed developments in the Tri-Lakes area to influence the direction of growth. All are welcome. Normally meets 1st Mon. each month. Info: TriLakesluc@gmail.com.
- **Palmer Divide Photographers Group**, Mon., Jan. 8, 7 p.m., Mountain Community Mennonite Church, 643 Hwy 105, Palmer Lake. Award-winning sports photographer Dougal Browing will talk about "The Decisive Moment" in action photography. All are welcome. Meets 2nd Mon. each month. Info: www.pdphotographers.com.
- **Chess Nuts**, Tue., Jan. 9, 5-9 p.m., Tri-Lakes Senior Center. Any age, any skill. Learners welcome. Drop in and leave when you want. Bring your own board and pieces if you have them. Meets 2nd & 4th Tue. each month. Info: www.TriLakesSeniors.org/chess.
- **Pikes Peak Music Teachers Association meeting**, Tue., Jan. 9, 9 a.m., Graner Music, 4460 Barnes Rd., Colo. Springs. Music teachers and students, meet for coffee, a meeting, and program presentation. Meets 2nd Tue. each month. Info: Susan Marten, 231-9272, www.ppmta.org.
- **Black Forest AARP Potluck Lunch & Meeting**, Wed., Jan. 10, noon, Black Forest Lutheran Church, 12455 Black Forest Rd. All ages welcome. Meets 2nd Wed. each month. Info: Stan, 596-6787, or www.aarpchapter1100blackforest.weebly.com.
- **Foot Care Clinic**, Wed., Jan. 10, Senior Center located across the street from the Tri-Lakes YMCA, on the Lewis-Palmer High School campus. A registered nurse examines your feet and provides foot care advice, toenail trimming. Cost: \$30 for a 30-min. visit. Meets 2nd Wed. and last Fri. each month, by appointment only. Info & appointments: call the Visiting Nurse Association, 577-4448.
- **Senior Bingo**, Thu., Jan. 11, Mountain Community Mennonite Church, 643 Hwy 105, Palmer Lake, after the senior lunch. Come for lunch at noon, then stay and play. Free! Prizes! Meets 2nd Thu. each month. Info: Maggie Nealon, 488-3037.
- **Bridge**, Thu., Jan. 11, 1-4 p.m., Tri-Lakes Senior Center located on Lewis-Palmer High School campus. Walk-ins are welcome. Meets 2nd Thu. each month. Reservation suggested: call Judy, 626-399-2733.
- **Legacy Sertoma Dinner Meeting**, Thu., Jan. 11, 6:30 p.m., Monument Hill Country Club, 18945 Pebble Beach Way, Monument. New members and visitors welcome. Meets 2nd & 4th Thu. each month. Info: Ed Kinney, 481-2750.
- **Ben Lomond Gun Club**, Tri-Lakes Chapter, Thu., Jan. 11, 7 p.m., Tri-Lakes Fire Station 1, 18650 Hwy 105 west of Monument near the bowling alley. Meets 2nd Thu. each month. Info: 481-3364.
- **La Leche League Meeting**, Fri., Jan. 12, noon-1 p.m., Monument Branch Library, 1706 Lake Woodmoor Dr. Mothers, babies, and mothers-to-be are all invited. Meets 2nd Fri. each month. Info: Kelley, 440-2477, kdghorashi@gmail.com.
- **Southwinds Fine Art Gallery Champagne Celebration Art Tour**, Fri., Jan. 12, 4-9 p.m., Art Talk 7 p.m., 16575 Roller Coaster Rd. (at Baptist Road). January speaker is Atomic Brunette, aka

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