

speaker info go to <http://tlumc.org/outreach/outpouring>.

- **Gleneagle Sertoma Luncheon Meeting**, Wed., **Sep. 19**, 11:45 a.m.-1 p.m., Liberty Heights, 12105 Ambassador Dr., (off Voyager Blvd in Colorado Springs). Interesting speakers and programs; all are welcome. Meets 1st & 3rd Wed. each month. Info: Garrett Barton, 433-5396; Duane Gritzmaker, 481-2424; www.gleneaglesertoma.org.
- **Senior Bingo**, Wed., **Sep. 19**, 1-2 p.m., Silver Alliance Senior Center, Lewis-Palmer High School campus. Meets 3rd Wed. each month. Info: Sue Walker, 464-6873.
- **Drummers!** Wed., **Sep. 19**, 6:30-8 p.m., yoga studio in the West End Center, 775 Hwy 105, Palmer Lake. Free and open to all ages. Bring any kind of drum or other hand percussion instrument. Beginners welcome! Now meets 3rd Wed. each month. Info: Nan, 466-1257, nananddon@hotmail.com.
- **Veterans of Foreign Wars Post 7829**, Wed., **Sep. 19**, 7 p.m., The Country Club at Woodmoor, 18945 Pebble Beach Way, Monument. New members welcome. Meets 3rd Wed. each month. Info: Post Commander Joe Carlson, 405-326-2588, jcarlson@vfw7829.org, www.vfw7829.org.
- **VFW Auxiliary to Post 7829**, Wed., **Sep. 19**, 7 p.m., The Country Club at Woodmoor, 18945 Pebble Beach Way, Monument. New members welcome. If you are a male or female relative of a veteran who served on foreign soil during war or other military action, you may be eligible. Meets 3rd Wed. each month. Info: Kathy Carlson, 488-1902, carlsonmk@aol.com.
- **Senior Tea**, Thu., **Sep. 20**, 12-1:30 p.m., Silver Alliance Senior Center at Lewis-Palmer High School (across from the YMCA). Come early to socialize. Volunteers needed. Meets 3rd Thu. each month. Reservations required: contact Sue, 464-6873, sue@monumentalfitness.com.
- **Bethesda Gardens Educational Series: Estate Planning**, Thu., **Sep. 20**, 2-4 p.m., 55 Beacon Lite Rd., Monument. Info: 719-247-4400, bethesdagardensmonument.com.
- **Art Hop** (last of the season), Thu., **Sep. 20**, 5-8 p.m., Downtown Monument west of I-25. The 3rd Thu. each month, May-Sept., the galleries, restaurants, and boutiques of historic downtown Monument stay open until 8 p.m. for a celebration featuring art openings, book signings, great food, live music, and more. Info: 481-3282, www.monumentarthop.org.
- **Art Hop at Covered Treasures Bookstore**, Tri-Lakes Chamber Building, 166 Second St., Monument. Thu., **Sep. 20**, 5-8 p.m. Joanna Luloff will sign her debut novel, *Remind Me Again What Happened*, and Margaret Mizushima returns to sign her latest in the Timber Creek K-9 mystery series, *Burning Ridge*. John Lewis will showcase Colorado Springs newest literary magazine, *The Almagre Review*. Refreshments will be served. The store will also be open so please visit both spots! Info: 481-2665.
- **Palmer Lake Historical Society**, Thu., **Sep. 20**, 7 p.m., Palmer Lake Town Hall, 28 Valley Crescent. Jane Milne (presenter of "Orphan Train") and Kathy DeHerrera tell the story of the famed Harvey Girls, the women who tamed the West. Meets 3rd Thu. each month. Info: 559-0837, www.palmerdividhistory.org.
- **Foot Care Clinic**, Fri., **Sep. 21**, Silver Alliance Senior Center located across the street from the Tri-Lakes YMCA, on the Lewis-Palmer High School campus. A registered nurse examines feet and provides foot care advice, toenail trimming. Cost: \$35 for a 30-min. visit. Meets 2nd Wed., 3rd and last Fri. each month, by appointment only. Info & appointments: call the Visiting Nurse Association, 577-4448.
- **Chess Nuts**, Tue., **Sep. 25**, 5-9 p.m., Silver Alliance Senior Center, across the street from the YMCA. Any age, any skill. Learners welcome. Drop in and leave when you want. Bring your own board and pieces if you have them. Meets 2nd & 4th Tue. each month. Info: www.TriLakesSeniors.org/chess.
- **Senior Social**, Wed., **Sep. 26**, 1-4 p.m., Fellowship Hall of the Black Forest Lutheran Church, 12455 Black Forest Rd. Meets 4th Wed. each month. Info: aarpchapter1100blackforest.weebly.com.
- **Foot Care Clinic**, Fri., **Sep. 28**, Silver Alliance Senior Center located across the street from the Tri-Lakes YMCA, on the Lewis-Palmer High School campus. A registered nurse examines feet and provides foot care advice, toenail trimming. Cost: \$35 for a 30-min. visit. Meets 2nd Wed., 3rd and last Fri. each month, by appointment only. Info & appointments: call the Visiting Nurse Association, 577-4448.
- **Tri-Lakes Chamber Monthly Education Series: Building Resiliency to Stress and Burnout**, Tue., **Oct. 2**, 9-10:30 a.m., 166 Second St., Monument. Free. Register online, www.trilakeschamber.com/events-calendar.htm. Info: 481-3282.
- **Group of Artists (GOA) Meetings** at Tri-Lakes Center for the Arts (TLCA), Sat., **Oct. 6**, 10 a.m.-noon, 304 Hwy 105, Palmer Lake. Lively discussions about art topics, general studies on creativity. Meets 1st Sat. each month. Info: 481-0475, info@trilakesarts.org, www.trilakesarts.org.
- **Lupus Support Group**. If you suffer with an autoimmune disease and want to connect with others, you are welcome to join this group. Info: dmbandle@hotmail.com.

mail.com.

- **Myasthenia Gravis Association** of Colorado Support Group. Location varies. Info: Carolyn, 488-3620, www.4-mga.org, 303-360-7080, 4mga@4-mga.org.

SPECIAL EVENTS

- **Rocky Mountain Music Alliance Chamber Music Concert**, Sat., **Sep. 1**, 7 p.m., The Church at Woodmoor, 18125 Furrow Rd., Monument. Reception follows concert. Info: Coleen Abeyta, 630-8165, coleen.abeyta@gmail.com. Tickets & Info: www.rmmaconcerts.org.
- **Monu-Palooza Music Festival**, Sun., **Sep. 2**, 1 p.m., Limbach Park, 151 Front St., Monument. The free show features five bands. Info: www.facebook.com/events/monu-palooza-at-limbach-park/185166622006016/
- **Benet Hill Monastery: R.E.A.D. Club: Read, Engage And Discuss books**, Tue. **Sep. 4**, 9:30 a.m., 3190 Benet Lane, Colo. Springs. Four sessions: the Sep. book is *Making Room for God: Decluttering and the Spiritual Life* by Mary Elizabeth Sperry. A free program. RSVP & Info: www.benethillmonastery.org.
- **Bill Nance Memorial Blood Drive**, Tue., **Sep. 4**, 1-5 p.m., Antelope Trails School, 13280 Jessie Dr. Walk-ins welcome, driver's license required. Sponsored by Gleneagle Sertoma Club and Penrose-St. Francis Hospital. RSVP & Info: 481-5702.
- **Bethesda Gardens One Year Birthday Party**, Wed., **Sep. 5**, 5:30-7 p.m., 55 Beacon Lite Rd., Monument. Celebrate with games, desserts, face painting, balloon artist, and a photo booth. Info: 719-247-4400, www.bethesdagardensmonument.com.
- **D-38 Home School Enrichment Academy First Day**, Thu., **Sep. 6**, , Grace Best Education Center, 66 Jefferson St., Monument. Use east entrance on Adams Street. Info: 640-6392, RDunphey@lewispalmer.org, www.lewispalmer.org/hsea.
- **Judge's Seminar**, Thu., **Sep. 6**, 7-9 p.m., Tri-Lakes Center for the Arts, 304 Hwy 105, Palmer Lake. Professional photographer Michael Snively, judge for the 2018 Monochrome Photography Show, will teach "Creative Growth through Project-Oriented Photography." Cost: \$30. Registration & Info: www.pdphotographers.com or www.trilakesarts.org.
- **Western Museum of Mining & Industry (WMMI) Exhibit Lecture: Human Imprint--Exploring the History, Artifacts, and Role of Women at Historic Mining Sites in Colorado**, Thu., **Sep. 6**, 7 p.m. (doors open at 6:30), 225 North Gate Blvd. (I-25 Exit 156 A). Cost: \$5, members free. RSVP & Info: 488-0880, info@wmmi.org, www.wmmi.org.
- **2018 Monochrome Photography Show Opening**, Fri., **Sep. 7**, 6-8 p.m., Tri-Lakes Center for the Arts, 304 Highway 105, Palmer Lake. Celebrate the opening of the juried show, which runs through Oct. 26. Info: 481-0475, www.trilakesarts.org.
- **Benet Hill Monastery: Pilgrimage Retreat at the Monastery**, Sat., **Sep. 8**, 9 a.m.-3 p.m., 3190 Benet Lane, Colo. Springs. RSVP & Info: 633-0655 Ext 132, registrations@benethillmonastery.org, www.benethillmonastery.org.
- **Monument Fit Body Boot Camp Grand Opening**, Sat., **Sep. 8**, 9 a.m.-noon, 15756 Jackson Creek Pkwy, Unit B. Find out about this unique affordable 30-minute group personal training program that's fun and challenging. Info: 496-15555, www.MonumentFitBody.com. See ad on page 32.
- **The Barefoot Mile-Fight Child Trafficking**, Sat., **Sep. 8**, 9:30 a.m. check-in, walk at 10 a.m., BBQ afterwards; Lewis-Palmer Don Breese Stadium, 1300 Higby Rd., Monument. Join Benet Hill Monastery and other organizations to raise awareness and funds to fight child sex trafficking. Register online, www.thebarefootmile.org. Info: Gina, 720-209-6860, or text BarefootMile8 to 71777.
- **Western Museum of Mining & Industry (WMMI) Family Day: History**, Sat., **Sep. 8**, 10 a.m.-3 p.m., 225 North Gate Blvd. (I-25 Exit 156 A). Costumed reenactment presentations bring history to life. Info: 488-0880, info@wmmi.org, www.wmmi.org.
- **Front Range Open Studios**, Sat.-Sun., **Sep. 8-9**, 10 a.m.-5 p.m. A self-guided tour of 18 full time professional artist and craftsmen studios. Free and for all ages. Find maps at www.frontrangeopenstudios.com or call 488-0629. See ad on page 8.
- **Benet Hill Monastery Free Program: Introducing the Mystics, Part 1**, Sun., **Sep. 9**, 11:30 a.m.-12:30 p.m., 3190 Benet Lane, Colo. Springs. Learn some basic historical and contemporary views on mysticism and how Befriending the Mystics may help your journey of faith. RSVP & Info: 633-0655 Ext 132, registrations@benethillmonastery.org, www.benethillmonastery.org. See ad on page 12.
- **Friends of Monument Preserve (FOMP) Trail Work Night**, Tue., **Sep. 11**, 6-8:30 p.m. Help maintain our area trails. Bring leather gloves, water, and bug repellent. Park at the main parking lot at the trailhead on Mt. Herman Road. Meets 2nd Tue., Apr.-Oct. Info: Bill Normile, 303-619-2156, info@fomp.org, www.fomp.org.
- **Western Museum of Mining & Industry (WMMI): Steampunk Celebration**, Thu., **Sep. 13**, 225 North Gate Blvd. (I-25 Exit 156 A). Photo opportunities, machine demonstrations, a walk through of High Tea, booths offering costuming advice, models and machinery available for photographs, and gourmet

cookies to sample. Info: 488-0880, info@wmmi.org, www.wmmi.org.

- **Public Forum on Ballot Measures**, Thu., **Sep. 13**, 6:30 p.m., D-38 administration building, 146 N. Jefferson St., Monument. The District Accountability Advisory Committee will hold two public forums presenting details and answering questions about both the bond and mill levy override ballot measures on the Nov. 6 ballot. Repeats Oct. 11. Info: 488-4700, www.lewispalmer.org.
- **Black Rose Acoustic Society: Emily Barnes Trio**, Fri., **Sep. 14**, 7 p.m., doors open at 6:15. Black Forest Community Center, 12530 Black Forest Rd. at Shoup Road. Cost: \$10 general, \$5 BRAS members, \$5 non-member students with ID. Info: Joe Maio, 528-6119, jrmtn@comcast.net, www.blackroseacoustic.org.
- **Jackson Creek Senior Living: Rightsizing and Moving a Lifetime**, Sat., **Sep. 15**, 10-11:30 a.m., The Country Club at Woodmoor, 18945 Pebble Beach Way, Monument. Brunch provided. RSVP & Info: 259-0448, www.JacksonCreekSeniorLiving.com. See ad on page 18.
- **Bines & Brews Hopfest**, Sat., **Sep. 15**, 1-5 p.m., Limbach Park, Front and Second Street, Monument. Sample local beers, hard cider, and moonshine. Food vendors on site. No one under age 21 (including designated drivers) and no dogs allowed. Cost: \$25 regular, or \$10 designated driver. Tickets & Info: 481-3282, www.trilakeschamber.com. See ad on page 10.
- **Larkspur Autumn Harvest & Craft Fest**, Sat.-Sun., **Sep. 15-16**, 10 a.m.-5 p.m., Larkspur Community Park, 8850 Spruce Mountain Rd. Original artwork, handmade crafts, food, drink, free music, hayrides, bounce houses, & more. Info: 720-331-4673, info@LarkspurChamberOfCommerce.com, www.LarkspurAutumnHarvestCraftFest.com.
- **Benet Hill Monastery Free Program: Introducing the Mystics, Part 2**, Sun., **Sep. 16**, 11:30 a.m.-12:30 p.m., 3190 Benet Lane, Colo. Springs. Learn about two modern mystics, Teilhard de Chardin, SJ and Iliia Delio, OSF. RSVP & Info: 633-0655 Ext 132, registrations@benethillmonastery.org, www.benethillmonastery.org. See ad on page 12.
- **Vin Festival**, Sun., **Sep. 16**, noon-4 p.m., the Steakhouse at Flying Horse, 1880 Weiskopf Pt., Colo. Springs. More than 150 wines to taste, food trucks, live music, artists, and gourmet vendors. A portion of the proceeds will support the Colorado Professional Fire Fighter's Foundation. Tickets & Info: www.eventbrite.com.
- **Tri-Lakes Community Blood Drive**, Tue., **Sep. 18**, 3-7 p.m., Tri-Lakes Cares, 235 Jefferson St., Monument. No appointment needed, just walk in. Please bring driver's license or ID. Info: 776-5714.
- **Jackson Creek Senior Living: Getting to Know Jackson Creek**, Tue., **Sep. 18**, 11:30 a.m.-1 p.m., YMCA Community Room, 17250 Jackson Creek Pkwy, Monument. Find out about the 137-apartment retirement community opening this fall. Light lunch provided. RSVP & Info: 259-0448, www.JacksonCreekSeniorLiving.com. See ad on page 18.
- **Wardrobes & Rings**, Theatrical Production at Tri-Lakes Center for the Arts, Thu.-Fri., **Sep. 20-21**, 304 Hwy 105, Palmer Lake. The play is set in Oxford's Eagle & Child pub. Aging legendary authors J.R.R. Tolkien and his great friend C.S. Lewis meet for what turns out to be the very last time. Optional High Tea (meet-and-greet) before each show. Tickets & Info: 481-0475, www.trilakesarts.org.
- **National Alliance on Mental Illness (NAMI) Free Mental Health First Aid Training**, Fri., **Sep. 21**, 8 a.m.-5 p.m., Citizens Service Center, Third Floor Nautilus Room, 1675 Garden of the Gods Rd., Colo. Springs. This eight-hour course helps you identify, understand, and respond to signs of addictions and mental illnesses. Class size is limited and registration is required. Register online at www.mhfaco.org/find-a-class. Info: 473-8477 or info@namicos.org.
- **Black Forest Together Fundraiser: BBQ Dinner sponsored by Frankie's Too**, Fri. **Sep. 21**, 5:30-9 p.m., Black Forest Community Center, 12530 Black Forest Rd, Colo. Springs. The festive evening features the Hank Cramer Band, a silent auction, and door prizes. Cost: adults \$15, 12 and under \$10, families \$40. Buy tickets online Sep. 4 or purchase at door. Proceeds fund community fire recovery and reforestation projects. Info: 495-2445, www.blackforesttogether.org.
- **Rocky Mountain Storytelling's 30th Annual Storytelling Festival**, Sat., **Sep. 22**, 9 a.m.-5 p.m., Lone Tree Library Event Hall, 10055 Library Way, Lone Tree. Featured storytellers: John Stansfield, Rachl Ann Harding, Dot Anderson, Robbie Knight. RSVP & Info: info@rmstory.org, www.rmstory.org.
- **Black Rose Acoustic Society: Beth Gadbaw Trio**, Fri., **Sep. 28**, 7 p.m., doors open at 6:15. Black Forest Community Center, 12530 Black Forest Rd. at Shoup Road. Cost: \$10 general, \$5 BRAS members, \$5 non-member students with ID. Info: Joe Maio, 528-6119, jrmtn@comcast.net, www.blackroseacoustic.org.
- **El Paso County Nature Bus Trip to Sand Dunes National Park**, Sat., **Sep. 29**, 7:30 a.m.-7 p.m., Bear Creek Nature Center, 245 Bear Creek Rd., Colorado Springs. Ride a comfy motor coach bus to the Great Sand Dunes National Park. Begin with a guided exploration of the Visitor's Center, then an optional geology hike to the dunes. Cost: \$60/person includes park ad-