

- recorded services Sun., 10 a.m. & Thu., 7 p.m. at www.facebook.com/BlackForestCommunityChurch/ every Sun., 10 a.m., 6845 Shoup Rd. All are welcome to the family friendly services. Info: www.blackforestcommunitychurch.org.
- **Cathedral Rock Church** Sunday Service, check the website for virtual service, every Sun., 10 a.m., Tri-Lakes YMCA, 17250 Jackson Creek Pkwy, Monument. Info & link to the YouTube channel: www.cathedralrockchurch.org.
 - **Seniors Monday Movie Matinee, SUSPENDED**, every Mon., 1-4 p.m., Silver Alliance Senior Center located on Lewis-Palmer High School campus. Free movies and snacks. See the schedule of films in Tri-Lakes Silver Alliance Senior Beat.
 - **Artfully Speaking Toastmasters, Zoom Meeting ID: 313 403 101 Password: 168997**, every Mon., 5:45 p.m., 4452 North Chestnut St., room 252, Colo. Springs. Guests welcome. Info: Glenn, 719-260-6551; www.artfullyspeaking.toastmastersclubs.org.
 - **Women's A.A. Step Study, meeting remotely, check for details**, every Mon., 6:30 p.m., Family of Christ Lutheran Church, 675 Baptist Rd. Park in west lot. Info: 719-360-4306.
 - **Monument Life Recovery Group, SUSPENDED, check the website**, every Mon., 6:30-8 p.m., The Ascent Church, 1750 Deer Creek Rd. This faith-based support group is for those seeking freedom from all hurts, habits, and hang ups. Daycare provided for children under age 11. Info: 719-481-3600, liferecoverygroups.com/meetings/life-recovery-group-3/.
 - **Monument Hill Kiwanis Bingo, SUSPENDED**, every Mon., 7:30 p.m., Carefree Bingo, 3440 N. Carefree Circle, Colo. Springs. All proceeds benefit those in need in the Tri-Lakes Community. Info: bingo@mhkiwanis.org.
 - **Farmers' Market at Western Museum of Mining & Industry (WMMI)**, every Mon. & Wed., 10 a.m.-6 p.m., just inside the front gate at 225 North Gate Blvd. (I-25 Exit 156 A). Shop local produce, crafts, and more. Info: 488-0880, info@wmmi.org, www.wmmi.org.
 - **Senior Citizen Luncheons, Connections Café sites will have "grab and go"** (prepared meals). A \$2.25 donation is requested. Please call 719-884-2300 to reserve your meal. Meals on Wheels and Home Delivered Meals will deliver frozen meals for the week to Monument on Wednesdays. Food Pantry is implementing a "pick up only" model for clients. Mon.-Fri., 12-12:30 p.m., Mountain Community Mennonite Church, 643 Hwy 105, Palmer Lake. See the menu for the month in the *Senior Beat* newsletter. Stay for bingo the 2nd Thu. each month. Reservations are requested, phone 719-884-2300.
 - **Western Museum of Mining & Industry (WMMI)**, regular daily operations resumed, 9 a.m.-4 p.m., 225 North Gate Blvd. (I-25 Exit 156 A). Tours now accommodate social distancing and Covid-19 safety standards. Retail gift shop is open. Special hour for vulnerable population is 9-10 a.m. Please call in advance. Cost: \$11 adults, \$10 military/AAA, \$9 seniors & students, \$6 children 3-12, free to children under 3 & museum members. Info: 719-488-0880, info@wmmi.org, www.wmmi.org.
 - **Tri-Lakes Silver Alliance Thrift Store**, now open Mon.-Sat., 10 a.m.-4 p.m., 755 Hwy 105, Suite N, in the West End Center. All proceeds support Tri-Lakes Senior Programs. Volunteers needed, phone 716-464-6873. To donate furniture, call 719-488-3495 for a pickup. Info: www.TriLakesSeniors.org.
 - **Tri-Lakes YMCA Senior Coffee, SUSPENDED**, every Tue., 9:30-11:30 a.m., 17250 Jackson Creek Pkwy, Monument. Members and non-members are welcome. Socialize, have coffee and snacks in the front lobby. Free. Info: 719-630-2604, hbrandon@ppymca.org, www.ppymca.org.
 - **Adult Children of Alcoholics/Dysfunctional Families Meeting: ACA Promises**, every Tue., 6:30-7:30 p.m. As a child, did you develop a False Self in order to survive? See quiz at adultchildren.org/newcomer/am-i-an-adult-child/. The solution is learning to re-parent ourselves with gentleness, humor, love, and respect. Meeting both in small group in Monument (need RSVP) + online via Zoom. Call/text Stacey, 206-384-8285 www.adultchildren.org (click on Newcomer).
 - **Al-anon Meeting: Monument Serenity, visit www.al-anon-co.org to find on-line and phone meetings** every Tue., 7:30-8:30 p.m., Ascent Church (formerly the Tri-Lakes Chapel), 1750 Deer Creek Rd., Monument. Info: Kay, 719-481-9258, www.al-anon-co.org.
 - **Essentrics Fitness Program at Senior Center, SUSPENDED**, every Tue. at 12:30 p.m. & Thu. at 8 a.m., Lewis-Palmer High School modular building across from the YMCA, on Jackson Creek Pkwy. Registration & Info: Sue Walker, 719-330-0241.
 - **Peak Reader Children's Literacy Program, SUSPENDED**, every Tue. & Thu., 5:30-6:30 p.m., Monument Branch Library, 1706 Lake Woodmoor Dr. Free one-to-one tutoring for children reading below grade level. To enroll your child or volunteer as a tutor, visit www.childrensliteracycenter.org or call 719-471-8672.
 - **Tri-Lakes Church of Christ** Wednesday Night Fellowship Meal (Free) & Classes, **SUSPENDED**, every Wed., 6-7:30 p.m., 20450 Beacon Lite Road, Monument (Corner of Beacon Lite & County Line Roads). Info: 488-9613, gregsmith@trilakeschurch.org, www.trilakeschurch.org.
 - **Al-anon Meeting: Letting Go, visit www.al-anon-co.org to find on-line and phone meetings** every Thu., 9-10:10 a.m., Ascent Church, 1750 Deer Creek Rd., Monument. Info: www.al-anon-co.org.
 - **A.A. Big Book Study, Call 425-436-6200, access code 575176#** every Thu., 7 p.m., Family of Christ Lutheran Church, 675 W. Baptist Rd. Info: 719-481-0431.
 - **The Speedtrap offers Food and Live Music**, 84 Hwy 105, Palmer Lake. **Take Out and Grab & Go** are available; you are welcome to eat on the patio Sun.-Wed., 8 a.m.-2 p.m.; **Thu.-Sat.**, 8 a.m.-8 p.m. For live music updates, visit www.facebook.com/speedtrappl/events/. Info: 719-488-2007, www.speedtrapbistro.com. See ad on page 5.
 - **Take Off Pounds Sensibly (TOPS), check website**, every Fri., 8 a.m., Monument Chamber of Commerce, 166 2nd St., Monument. Info: Terry, 719-684-4912, or visit www.TOPs.org.
 - **Group of Artists (GOA) Meetings at Tri-Lakes Center for the Arts (TLCA), SUSPENDED**, Sat., Sep. 5, 10 a.m.-noon, 304 Hwy 105, Palmer Lake. Lively discussions about art topics, general studies on creativity. Meets 1st Sat. each month. Info: 481-0475, info@trilakesarts.org, www.trilakesarts.org.
 - **Western Museum of Mining & Industry (WMMI) Lecture Series, Tue., Sep. 8, 7-8 p.m.**, 225 North Gate Blvd. (I-25 Exit 156 A). Richard O'Meara presents "One Blast, One Chance for Success." RSVP & Info: 488-0880, RSVP@wmmi.org, www.wmmi.org.
 - **Black Forest AARP Potluck Lunch & Meeting, all in person AARP activities are SUSPENDED through Dec. 31**, Wed., Sep. 9, 11:30 a.m., 12455 Black Forest Rd. All ages welcome. Meets 2nd Wed. each month. RSVP & Info: Stan, 596-6787, www.aarpchapter-1100blackforest.weebly.com.
 - **Foot Care Clinic, SUSPENDED**, Wed., Sep. 9, Silver Alliance Senior Center located across the street from the Tri-Lakes YMCA, on the Lewis-Palmer High School campus. A registered nurse examines your feet and provides foot care advice, toenail trimming. Cost: \$30 for a 30-min. visit. Meets 2nd Wed. and last Fri. each month, by appointment only. Info & appointments: call the Visiting Nurse Association, 719-577-4448.
 - **Senior Bingo, SUSPENDED**, Thu., Sep. 10, Mountain Community Mennonite Church, 643 Hwy 105, Palmer Lake, after the senior lunch. Come for lunch at noon, then stay and play. Free! Prizes! Meets 2nd Thu. each month. Info: Maggie Nealon, 719-488-3037.
 - **Bridge, SUSPENDED**, Thu., Sep. 10, 1-4 p.m., Silver Alliance Senior Center, 1300 Higby Rd., Monument. Meets 2nd Thu. each month, Sept.-June. Info: www.trilakeseniors.org/programs/events.html.
 - **Ben Lomond Gun Club, Tri-Lakes Chapter**, Thu., Sep. 10, 7 p.m., Tri-Lakes Fire Station 1, 18650 Hwy 105 west of Monument near the bowling alley. Meets 2nd Thu. each month. Info: 719-481-3364.
 - **Silver Center Book Club, Fri., Sep. 11**, 11 a.m.-noon, Senior Center located across the street from the Tri-Lakes YMCA, on Lewis-Palmer High School campus. The Sept. selection is "Orphan Train," by Christina Baker Kline. All are welcome. Meets 2nd Fri. each month. Coffee & snacks served. RSVP & Info: Sue, 719-330-0241.
 - **El Paso County Hazardous Materials & Recycling Collection Facility, appointments required, phone 719-520-7878 or check the website to book online**, Sat., Sep. 12, 9 a.m.-1 p.m., 3255 Akers Dr., Colorado Springs. Open the 2nd Sat. each month as well as Mon.-Thu., 7 a.m.-5 p.m., accepts porcelain fixtures, common recyclable items, household hazardous waste, various electronics, and TVs up to 19-inch diagonal. Bring a nonperishable food item for Care and Share. Info: 719-520-7878, communityservices.elpasoco.com/environmental-division.
 - **Palmer Lake Art Group, check the website**, Sat., Sep. 12, 9 a.m., Mountain Community Mennonite Church, 643 Hwy 105, Palmer Lake. A variety of art programs are offered after the social gathering and business meeting. Guests welcome. Meets 2nd Sat. each month. Info: 719-460-4179, www.palmerlakeartgroup.com.
 - **Alzheimer's Caregiver Support Group, SUSPENDED**, Sat., Sep. 12, 9:45-11:30 a.m., The First National Bank of Monument, 581 Hwy 105. Meets 2nd Sat. each month. Info: Gail, 719-481-3711.
 - **NEPCO Meeting, zoom meeting**, Sat., Sep. 12, 10 a.m.-noon, New Monument Town Hall & Police Building, 645 Beacon Lite Rd., Monument. County Engineer Jennifer Irvine will speak on county road improvements in the NEPCO area, county requirements, county-HOA agreements, and an effective maintenance program for storm water drainage corridors in HOA common areas. All are welcome to this meeting of local homeowners associations. Info: 481-2723, www.nepco.org.
 - **Outpouring: TLUMC Supporting our Community, check the website**, Tue., Sep. 15, 7 p.m., Pikes Peak Brewing Company, 1756 Lake Woodmoor Dr., Monument. Everyone is welcome. Meets 3rd Tue. each month. Info: LWeber1971@aol.com; for speaker info go to tlumc.org/outreach/outpouring.
 - **Gleneagle Sertoma Luncheon Meeting, SUSPENDED**, Wed., Sep. 16, 11:30 a.m., Liberty Heights, 12105 Ambassador Dr., Colo. Springs. Interesting speakers and programs; all are welcome. Meets 1st & 3rd Wed. each month. Info: Garrett Barton, 719-433-5396; Duane Gritzmaker, 719-481-2424; www.gleneagle-sertoma.org.
 - **Senior Bingo, SUSPENDED**, Wed., Sep. 16, 1-2 p.m., Silver Alliance Senior Center, Lewis-Palmer High School campus. Meets 3rd Wed. each month. Info: Sue Walker, 464-6873.
 - **Veterans of Foreign Wars Post 7829, via Zoom.com; POC Delbert Zehrung, 559-362-3223**, Wed., Sep. 16, 7 p.m., The Country Club at Woodmoor, 18945 Pebble Beach Way, Monument. New members welcome. Meets 3rd Wed. each month. Info: Post Commander Joe Carlson, 405-326-2588, jcarlson@vfw7829.org, www.vfw7829.org.
 - **VFW Auxiliary to Post 7829, meeting by videoconference**, Wed., Sep. 16, 7 p.m., The Country Club at Woodmoor, 18945 Pebble Beach Way, Monument. Guests are welcome to join; contact carlsonmkc@aol.com for instructions on how to connect. If you are a male or female relative of a veteran who served on foreign soil during war or other military action, you may be eligible. Meets 3rd Wed. each month. Info: Kathy Carlson, 719-488-1902, carlsonmkc@aol.com.
 - **Senior Tea, SUSPENDED**, Thu., Sep. 17, 12-1:30 p.m., Silver Alliance Senior Center at Lewis-Palmer High School (across from the YMCA). Come early to socialize. Volunteers needed. Meets 3rd Thu. each month. Reservations required: contact Sue, 464-6873, sue@monumentalfitness.com.
 - **Palmer Lake Historical Society Meeting, tentatively scheduled**, Thu., Sep. 17, 7 p.m., Palmer Lake Town Hall, 28 Valley Crescent. Colonel Tom Duhs presents, "10th Mountain Division." All are welcome. Meets 3rd Thu. each month. Info: 719-559-0837, www.palmerdividivehistory.org.
 - **Gleneagle Women's Club, SUSPENDED**, Fri., Sep. 18. Come for lunch, book discussions, bridge, and more. Location for lunch varies. Meets every third Fri., Sept.-June. Info: Syble Krafft, 719-488-2669.
 - **Foot Care Clinic, SUSPENDED**, Fri., Sep. 18, Silver Alliance Senior Center located across the street from the Tri-Lakes YMCA, on the Lewis-Palmer High School campus. A registered nurse examines feet and provides foot care advice, toenail trimming. Cost: \$35 for a 30-min. visit. Meets 2nd Wed., 3rd and last Fri. each month, by appointment only. Info & appointments: call the Visiting Nurse Association, 719-577-4448.
 - **The Breakfast Club, SUSPENDED**, Sat., Sep. 19, 8:30 a.m., The Ridge at Castle Pines North (Ridge Grill and Bar), 1414 Castle Pines Pkwy. Single people 50+ meet new friends and have fun. Meets 3rd Sat. each month. Info: 303-815-8428, www.TBC50plus.org.
 - **Tri-Lakes Parkinson's Disease Support Group, SUSPENDED; if you need any help, please call Syble or Barry**, Sat., Sep. 19, 10 a.m.-noon, Monument Community Presbyterian Church, 238 Third St, Monument. Come for socializing, discussions on Parkinson's-related issues including available support, and occasional speakers. Meets 3rd Sat. each month. Info: Syble Krafft, 719-488-2669; Barry (group president), 719-351-9485.
 - **Amateur Radio W0TLM (Tri-Lakes Monument Radio Association), check the website**, Mon., Sep. 21. All amateur radio operators or those interested in becoming amateur radio operators are welcome. Meets 3rd Mon. Check the website for details. Info: Joyce Witte, 719-661-9824, Joycewitte@gmail.com; www.W0TLM.com.
 - **Tri-Lakes Chamber Monthly Education Series: Website Need-To-Knows for Your Small Business**, Tue., Sep. 22, 9-11 a.m., 166 Second St., Monument. Free event for members and non-members. Please register for virtual attendance information: www.trilakeschamber.com. Info: 481-3282.
 - **Chess Nuts, SUSPENDED**, Tue., Sep. 22, 5-9 p.m., Silver Alliance Senior Center, across the street from the YMCA. Any age, any skill. Learners welcome. Drop in and leave when you want. Bring your own board and pieces if you have them. Meets 2nd & 4th Tue. each month. Info: www.TriLakesSeniors.org/chess.
 - **Senior Social, all AARP indoor activities SUSPENDED through Dec. 31**, Wed., Sep. 23, 1-4 p.m., 12455 Black Forest Rd. Meets 4th Wed. each month except Nov. & Dec. Info: aarpchapter1100blackforest.weebly.com.
 - **Friends of Fox Run Park**, Thu., Sep. 24, 5:30 p.m., Southwinds Fine Art Gallery upstairs, 16575 Rollercoaster Rd. (corner of Baptist and Rollercoaster Roads). Join the growing group to learn about volunteering and supporting the park for safety, trails, trees, education, more. Guest speaker each month. Meets 4th Thu. each month. Info: 719-492-0355, janetsellers@ocn.me.
 - **Foot Care Clinic, SUSPENDED**, Fri., Sep. 25, Silver Alliance Senior Center located across the street from the Tri-Lakes YMCA, on the Lewis-Palmer High School campus. A registered nurse examines feet and provides foot care advice, toenail trimming. Cost: \$35 for a 30-min. visit. Meets 2nd Wed., 3rd and last Fri. each month, by appointment only. Info & appointments: call the Visiting Nurse Association, 719-577-4448.