JFS accepts private insurance, self-pay, Medicare, Medicaid, and Children's Health Insurance Program (CHIP) and offers a sliding-fee schedule for those with limited financial resources and will not turn away anyone in crisis. To find out more about virtual counseling and the various services JHS offers, phone 303-597-5000 or visit the website, www.jewishfamilyservice.org.

Help protect firefighters and yourselves

Hundreds of firefighters across the country have CO-VID-19. Even with personal protective equipment and strong infection control procedures, hundreds of firefighters are sick. Some have died. Here are some steps you can take to make it safer for firefighters and others on the front lines of the COVID-19 battle. (1) Stay home and practice social distancing. (2) Call 911 for emergencies only. (3) If you do need to call 911, alert the call-taker if anyone in your household has been diagnosed with CO-VID-19 or has experienced any symptoms such as cough or fever. (4) Make a list of all medications being taken by each member of your household, along with a medical history. Do it now and keep it handy, just in case. (5) Collect a few things a loved one might need if they must go to the hospital. A phone charger, eyeglasses, wallet, ID, and insurance card(s) are great things to include.

El Paso County services to veterans

During the COVID-19 crisis, if you or someone you know needs food, housing, transportation, behavioral health counseling, or employment support, Mt. Carmel continues to be a beacon of support for those who served. Please call 719-772-7000 or email frontdesk@mtcarmelcenter.org to be connected to a member of the Mt. Carmel team. For more information, visit www.veteranscenter.org.

Can you volunteer today?

Links to local organizations with an immediate need for volunteers are listed on the county's website, www.elpasocountyhealth.org/community-resources-0, for groups like Care and Share, Crossfire Ministries, Citizen's Project (email joy@citizensproject.org for virtual opportunities to help with Census 2020), blood donations, Early Connections (volunteer from home opportunity), foster an animal, Medical Reserve Corps of El Paso County,

Salvation Army, Silver Key, and United Way (ongoing opportunities).

Tri-Lakes Cares needs us now more than ever

Tri-Lakes Cares is the only food pantry and human services organization located in and serving northern El Paso County through emergency, self-sufficiency, and relief programs. The community-based, volunteer-supported center is a critical resource for our neighbors in need. The best way to help support Tri-Lakes Cares is to make a financial donation. For more information about Tri-Lakes Cares or how you can help, contact Brendan Rhoades, TLC's Community Engagement Manager: 719-481-4864, ext. 111; communityengagementmanager@tri-lakecares.org; or visit www.tri-lakescares.org.

Change a child's story, become a CASA volunteer

Court Appointed Special Advocate (CASA) offers a volunteer opportunity like no other. As appointed representatives of the court, CASA volunteers are empowered to make a lifelong difference in the lives of abused and neglected children. To learn more, contact Uriko Stout, 447-9898 ext. 1060, urikos@casappr.org; or visit www.casappr.org.

Officiate high school basketball

Make the right call and become a high school basketball official. Email the Colorado Springs Basketball Officials Association, csboa.areadirector@gmail.com, for information on training and certification.

County seeks citizen input: Master plan survey now online

El Paso County continues to seek citizen input in an online survey as it creates the new county master plan. To complete the survey, go online to planningdevelopment.elpasoco.com. For more information, phone 719-520-6300.

I-25 MyWay commuting options website

Visit www.i25myway.org and enter starting and ending ZIP codes for personalized I-25 commuting solutions and savings estimates. The website will help you arrange the details and free test commutes, including carpools,

van pools, and the Bustang South Line. The site will run through the end of construction in 2022.

Sign up for "Reverse 9-1-1" emergency notifications to your cell phones

The Emergency Notification System (powered by Everbridge), commonly referred to as Reverse 9-1-1, is a tool that can make rapid notifications to specific geographic areas to alert you to emergency situations including manmade disasters, evacuations, hazardous materials incidents, missing persons, and more. Reverse 9-1-1 is not the same as Amber Alerts, which are generated by a different system. You must register to receive emergency notifications on any phone other than your landline. You can list up to five locations and up to eight points of contact. Sign up at www.elpasoteller911.org.

Residence vacation check

The El Paso County Sheriff's Office will conduct vacation checks of homes of county residents who are on vacation. This is a great way to add security to your home when you're away for multiple days. Either a deputy or trained volunteer will visit your home while you're away and check it periodically. To add your home to their schedule, visit www.epcsheriffsoffice.com. Info: 520-7151

Monument text alerts

Text "Monument" to 41411 to receive updates and news of meetings, weather alerts, openings and closings, as well as other important town information to your phone or personal mobile device.

Senior Beat newsletter—subscribe for free

Each monthly *Senior Beat* newsletter is full of information for local seniors, including the daily menu of the senior lunches offered Monday through Friday at the Mountain Community Mennonite Church, 643 Highway 105, Palmer Lake. It also contains the schedule of the classes and events for the month at the Senior Citizens Center and senior-friendly library programs. To subscribe, send an email with your name and mailing address to SeniorBeat@TriLakesSeniors.org. *Senior Beat* can also be viewed online at www.TriLakesSeniors.org.

Our Community Calendar

By Judy Barnes, Community Calendar Editor

Although we strive for accuracy in these listings, dates or times are often changed after publication. Please double-check the time and place of any event you wish to attend by calling the info number for that event.

The unpredictability of the COVID-19 situation presents scheduling challenges to area governance entities and other organizations. Because OCN is a monthly publication, readers should assume that information published in this issue is subject to change and event information should be confirmed a day or two before the event by calling the information number or checking the organization's website.

Many entries show dates even though the event has been canceled or suspended. The date indicates when the event was planned to be held or when it would normally have been held.

GOVERNMENTAL BODIES

- Monument Board of Trustees Meeting, livestreamed at bit.ly/2uZxjfa, Mon., Jan. 4, 6:30 p.m., Town Hall Board Room, 645 Beacon Lite Rd., Monument. Meets 1st and 3rd Mon. each month. To participate remotely by phone, call 1-844-992-4726 (Access Code: 126 084 9803). Info: 719-884-8017, www.townofmonument.org.
- Woodmoor Water & Sanitation District Board Meeting, Mon., Jan. 11, 1 p.m., 1845 Woodmoor Dr., Monument. Meets 2nd Mon. each month. Info: 719-488-2525, www.woodmoorwater.com.
- Tri-Lakes Wastewater Facility Joint Use Committee Meeting, Tue., Jan. 12, 10 a.m., 16510 Mitchell Ave. Meets 2nd Tue. each month. Info: Bill Burks,719-481-4053.
- El Paso Board of County Commissioners Meeting, livestreamed at www.elpasoco.com/newsinformation-channel, Tue., Jan. 12, 9 a.m. Centennial Hall, 200 South Cascade Ave., Suite 150, Colo. Springs. Meets every Tue. Info: 719-520-6430, www.agendasuite.org/iip/elpaso/meeting/list.
- D-38 Accountability Advisory Committee (DAAC) Virtual Meeting, live stream on the district's YouTube channel: www.youtube.com/user/LPSDCommunity, Tue., Jan. 12, 7-8:30 p.m. Meets 2nd Tue. each month, location varies. Info: Cheri McLean, 719-785-4210, cmclean@lewispalmer.org, www.lewispalmer.org.
- Palmer Lake Sanitation District Board Meeting, call in only: 650-479-3208, Access Code 76439078, Wed., Jan. 13, 9 a.m., 120 Middle Glen-

way. Meets 2nd Wed. each month. Info: 719-481-2732. www.plsd.org.

- Monument Planning Commission Meeting, Wed., Jan. 13, 6 p.m. Town Hall Board Room, 645 Beacon Lite Rd., Monument. Meets 2nd Wed. each month. Public attendance will be limited to remote attendance. To see the options for remote public participation in each meeting, visit www. townofmonument.org/263/Planning-Commission-Board-of-Adjustment. Info: 719-884-8017, www.townofmonument.org.
- Monument Academy School Board Meeting, Zoom meeting; email Board@monumentacademy.net and someone will respond with a meeting invitation. The audio will also be recorded and posted. Thu., Jan. 14, 6 p.m., Lab 312, 1150 Village Ridge Point, Monument. Meets 2nd Thu. each month. Info: 719-481-1950, www.monumentacademy.net/school-board.
- Palmer Lake Town Board of Trustees Meeting, Thu., Jan. 14, 6 p.m., Palmer Lake Town Hall, 28 Valley Crescent. Meets 2nd Thu. each month. Info: 719-481-2953, www.townofpalmerlake.com.
- Wescott Fire Protection District Board Meeting, possible Zoom meeting, check the website, Tue., Jan. 19, 4 p.m., Station 1, 15415 Gleneagle Dr. Meets 3rd Tue. each month. Info: 719-488-8680, www.wescottfire.org.
- Monument Board of Trustees Meeting, livestreamed at bit.ly/2uZxjfa, Tue., Jan. 19, 6:30 p.m., Town Hall Board Room, 645 Beacon Lite Rd., Monument. Normally meets 1st and 3rd Mon. each month. To participate remotely by phone, call 1-844-992-4726 (Access Code: 126 084 9803). Info: 719-884-8017, www.townofmonument.org.
- Monument Sanitation District Board Meeting, Zoom meeting. Find joining instructions on the website, Wed., Jan. 20, 9 a.m., 130 2nd St. Meets 3rd Wed. each month. Info: 719-481-4886, www. colorado.gov/msd.
- Academy Water and Sanitation District Board Meeting, the public can join the Skype meeting: https://join.skype.com/PAcujKTn7Nrh. Check the website for a link: https://academywsd.colorado.gov/notices-and-alerts. Wed., Jan. 20, 6 p.m., Wescott Fire Station 1, 15415 Gleneagle Dr. Meets 3rd Wed. each month. Info: 719-481-0711, https://academywsd.colorado.gov.
- Palmer Lake Town Planning Commission Meeting, Wed., Jan. 20, 6 p.m., Palmer Lake Town Hall, 28 Valley Crescent. Meets 3rd Wed., each month.

- Info: 719-481-2953, www.townofpalmerlake.com.
- Black Forest Fire/Rescue Protection District Board Meeting, Zoom meeting. Find joining instructions at www.bffire.org or contact 719-495-4300. Wed., Jan. 20, 7 p.m., Station 1, 11445 Teachout Rd. Meets 3rd Wed. each month. Info: 719-495-4300, www.bffire.org.
- El Paso County Planning Commission Meeting, livestreamed at www.elpasoco.com/news-information-channel, Thu., Jan. 21, 1 p.m., 200 South Cascade Ave., Suite 150, Colo. Springs. Meets 1st & 3rd Thu. (if required) each month. Info: 719-520-6300, elpasoco.com/public-meetings/.
- Donala Water & Sanitation District Board Meeting, check the website for the access code for the electronic meeting, Thu., Jan. 21, 1:30 p.m., 15850 Holbein Dr. Meets 3rd Thu. each month. Info: 719-488-3603, www.donalawater.org.
- Triview Metropolitan District Board Meeting, check the website, Thu., Jan. 21, 5:30 p.m., 16055 Old Forest Point, Suite 300, Monument. Now meets 3rd Thu. each month. Info: 719-488-6868, www. triviewmetro.com.
- Lewis-Palmer School District 38 Board Meeting, livestreamed on the district's YouTube channel: www.youtube.com/user/LPSDCommunity, Mon., Jan. 25, 6-10 p.m., Learning Center, 146 Jefferson St., Monument. Normally meets 3rd Mon. each



For ALL Your Electrical Needs
Residential • Commercial • Industrial
Service Calls • Reasonable Rates • Free Estimates
Fully Insured & Licensed
Master Electricians

David Lambert (719) 243-2257

Keith Profita (719) 243-2258

Skunks-Coons-Squirrels-Snakes-Woodpeckers



Matt Penfound (OWNER)
Professional Trapper

(303) 660-4816 (719) 570-1757