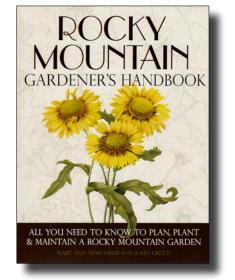
Among the community programs are the Fourth of July Parade, peach sales, Empty Bowls benefiting Tri-Lakes Cares, and the Salvation Army Red Kettle Campaign. Most people and organizations are not remembered for what they've done for themselves, but what they have done for others in the community. MHKC President Russ Broshous said, "We appreciate being a member of the community that gives so well. We have much to be thankful for in this community and you

represent that." Monument Hill Kiwanis Club

## Between The Covers at the Covered Treasures Bookstore

# Get outdoors!

By the staff at Covered Treasures Now that the snowy days are hopefully behind us, it's time to get outdoors and enjoy our beautiful state. Whether you enjoy gardening, hiking, biking, birding, rock hounding, or four-wheeling, here is a selection of books to guide you on your way.



**Rocky Mountain Gardener's Handbook** By Mary Ann Newcomer & John Cretti (Cool Springs Press) \$24.99

If you've come from another part of the country and have been frustrated by gardening in Colorado, this new guide specifically written for the Rocky Mountain area may be just what you need. The authors share their years of garden wisdom and experience to help you plan, plant, and maintain a beautiful healthy garden, including personal recommendations of plants that will thrive.

The book features 10 popular plant categories, from annuals to vines; a chapter on edible gardening, including fruits and herbs; 12 months of around-the-garden advice for each of the plant categories; and an easy-to-use format.

## The Best Front Range Hikes

*By The Colorado Mountain Club* \$24.95 The Boulder, Denver, Fort Collins, and Pikes Peak Groups of the Colorado Mountain Club have written, photographed, mapped, and published *Pack Guides* with the best hikes within an hour of their towns. These 65 hikes were selected from those highly successful *Pack Guides*. The guidebook includes comments on the outstanding features of the hike; accurate route descriptions; color photos and topographic maps of the routes; elevation gain, difficulty level, round-trip distance, and time.

#### Birds of North America

## By Laura Erickson & Jonathan Alderfer (National Geographic) \$12.95

With this handy, easy-to-use bird guide, anyone looking up to the skies can discover the joys of bird watching. The top North American species—from the tiny tufted titmouse and house wren to the majestic great blue heron and bald eagleare presented with full-color illustrations and photographs that capture key details and typical behavior. For beginners and seasoned bird-watchers alike, the guide features 160 of the most common species with up-to-date range maps that show you where the birds are.

## Road Biking Colorado's Front Range

## By Robert Hurst (Globe-Pequot Press) \$15.95

This FalconGuide features 32 carefully designed rides between Colorado Springs and Fort Collins. It includes rides for every fitness level and ability, detailed information about each ride, vivid descriptions of points of interest, and 3-D shaded relief maps.

## **Rocky Mountain Wildflowers**

*By David Dahms (Paragon Press) \$6.95* This handy, spiral-bound pocket guide devotes a whole page to each flower with a color photograph and gives its description, leaf design, size, season, and habitat. Indexes are arranged by common and Latin names.

### Geology

#### By Waterford Press (Penguin Putnam) \$5.95

This pocket guide is an introduction to familiar rocks, minerals, gemstones, and fossils. The foldout laminated format is durable and easy to use and includes color illustrations and descriptions of common

## samples in each area.

## Guide to Colorado Backroads & 4-Wheel-Drive Trails

By Charles A. Wells & Matt Peterson (FunTreks Inc.) \$29.95

This third edition includes 100 trails arranged into five areas of Colorado. Each section features a full-page color photograph of the area, a map, and a trail listing that is color-coded according to easy, moderate, or difficult. The spiral binding makes this guide especially durable and easy to use when on the road.

## Grandparents Colorado Style: Places to Go & Wisdom to Share

By Mike Link & Kate Crowley (Adventure Publications Inc.) \$14.95

This book offers a way to show your grandchildren the best of Colorado. It features over 65 attractions and activities suited for children of all ages, tips on making each stop a bonding experience, and recommendations for every site.

Warmer, sunny days beckon us into the fresh mountain air. Maybe you'll be enticed to try a new activity suggested by these books, or you'll continue with your favorite ones. Either way, it's time to get outdoors. Until next month, happy reading.

The staff at Covered Treasures bookstore can be contacted at books@ocn.me.

# Bird Watch on the Palmer Divide Bullock's oriole: Icterus bullockii

#### By Elizabeth Hacker

Recently, Lisa Hatfield emailed me to say she saw a Bullock's oriole at her hummingbird feeder in Palmer Lake. Bullock's orioles are late this year, probably due to the cool weather. I checked with other states and learned that the orioles arrived about three weeks later than last year.

Current records indicate that only about 2 percent of Bullock's orioles nest on the Palmer Divide. However, birds often adapt to variations in climate and percentages change from year to year.

**Description** The male Bullock's oriole is a strikingly beautiful, medium-size songbird, about the size of a robin. The male's crown, nape, and back are black. White wing bars appear on his outer primary and secondary wing feathers. Bright orange-yellow feathers are located beneath his black cap and his breast and rump are a striking yellow. A feature that distinguishes the male Bullock's oriole from other orioles is a slender horizontal black stripe that runs across the middle of both of his eves.

The female is similar to the male but smaller, thinner, lighter, and less conspicuous. She has pale yellowish gray, almost greenish under parts with grayish-brown wings and pale wing bars. There is a bit of black under her beak that becomes more pronounced as she ages.

Orioles have a long tail, white wing bars, and a rather thin, straight pointed black beak. Skin parts, including legs and around their eyes, are black. In the wild and under the right conditions, orioles may live as long as 6 years.

#### Habitat and diet

Bullock's orioles summer in open woodlands of the Western United States in pine, pine-oak, fir, and deciduous forests. They winter in central Mexico where fruit bearing plants rely on orioles for pollina-

tion and make up about 90 percent of the birds' diet.

Early in the spring I cut up oranges to attract orioles, but they pass on the fruit and head straight for the hummingbird feeders. Some ornithologists suggest that the reason orioles go to nectar feeders when migrating is because of their reliance on nectar during the winter months. When they are not nesting, they don't need the protein that insects provide and subsist on a diet high in sugar, which sustains them during the winter and provides the

Orioles use their long, thin beaks to



## Gallery Hours

Monday: By appointment Tuesday: By appointment Wednesday: 1:00 pm - 6 pm Thursday: 1:00 pm - 6 pm Friday: 1:00 pm - 6 pm Saturday: 1:00 pm - 6 pm Sunday: 1:00 pm - 6 pm

Location: 16575 Roller Coaster Rd. Colorado Springs, CO 80921

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## Copic Marker Nature Series Workshop

Thursday, July 18, 25 & Aug. 1, 8 ~ 5:30 p.m. - 7:30 p.m. Cost: \$75 (total cost for all 4 classes) Instructor: Shelby Thomas Location: Colorado Springs

To register: (719)528-1338 or Information: shelby@shelbythomas.us

## What are Copic Markers? Visit www.shelbythomas.us

Four, 2 hr. classes on consecutive Saturdays, for a total of 8 hrs instruction time. You'll learn techniques and practice in class then come back the next week to expand upon the things you learned the prior week. The second series is "Nature". Throughout the series, light sources, shading, blending, basics of the markers and the number system will be covered with time for questions and review each week to help you get the most from your markers as you progress in your Copic coloring journey.