

- Respect and social inclusion to combat “ageism” including encounters between generations
- Opportunities for volunteer civic participation and paid employment
- Practical information available to the community family caregivers about services that are available such as home health care, clinics, respite care and day care centers, palliative care, health and social services
- Meals programs and nutritional guidance
- Creating a caregiver workforce so providers can be

consistent  
The Tri-Lakes area has no senior living option of any type, but there are 61 in El Paso County, Coopman said.  
Resident Michele Mills asked if could be possible to require developers include more facilities for seniors in their plans. Dominguez and Kaiser explained that the town has given incentives several times in the past to developers who expressed interest in building a senior care facility, but the plans fell through. Coopman agreed that from a business standpoint, it’s hard to build a market around a population that does not have the money to pay for the services. See <http://www.ocn.me/v13n4.htm#bot0311> for background on one past local project.

Planning Director Manning said he recently met with a developer who expressed interest in extending the current approval on the books for a senior facility between Grace Best Education Facility and Beacon Lite Road. The ideas in discussion would probably be able to be approved administratively, he said.

Resident Myron “Red” Stephens said that he and Chuck Roberts and the Senior Alliance have been working for years to get a building for seniors in the Tri-Lakes area.

Stephens encouraged area residents to shop at (and donate items to) the Health Advocacy Partnership (HAP) Thrift Store at 790 Highway 105, which benefits the Tri-Lakes Senior Citizen Program. For details, see [www.trilakeshap.org/](http://www.trilakeshap.org/) or call (719) 488-3495.

**Note:** The HAP Senior Citizens Center is usually open 1-4 p.m. Monday through Friday in the modular building at Lewis-Palmer High School at 1300 Higby Road. It is designed to encourage intergenerational interaction as well as provide a focus for senior activities including visiting, games, dancing, crafts, and a monthly foot care clinic.

HAP publishes a free monthly newsletter called *Senior Beat*. For a subscription, write to [SeniorBeat@TriLakesSeniors.org](mailto:SeniorBeat@TriLakesSeniors.org) or call (719) 488-3495.

Kim Whisenhunt, operations manager for Tri-Lakes Cares, said the organization helps seniors too. Tri-Lakes

Cares exists to provide a safety net for low-income households in the Tri-Lakes region and to help those households willing and able, to work toward self-sufficiency. All profits from the Hangers to Hatches Thrift Shop at 245 Jefferson St. benefit Tri-Lakes Cares operations and programs, and donations are welcome. For information, call (719) 481-4864 or see <https://tri-lakescares.org/>.

Resources mentioned include:

- Pikes Peak Area Council of Governments Agency on Aging (719) 471-7080
- Innovations in Aging Collaborative [www.innovationsinaging.org](http://www.innovationsinaging.org)
- Federal Administration on Aging see [longtermcare.gov](http://longtermcare.gov)
- Tri-Lakes Health Advocacy Partnership (HAP): Senior services and support and Community Health and Wellness. 1300 Higby Road. (719) 488-3495.
- Health Advocacy Partnership (HAP) Thrift Store, 790 Highway 105. See [www.trilakeshap.org](http://www.trilakeshap.org) or call (719) 464-6873. Donations welcome.
- Tri Lakes Cares, 235 N. Jefferson St. Call (719) 481-4864 or see <https://tri-lakescares.org/>.
- Hangers to Hatches Thrift Shop, 245 N. Jefferson St., benefits Tri-Lakes Cares operations and programs. Donations welcome.
- Mountain Community Transportation for Seniors and Senior Safety Handyman Services (719) 488-0076 [www.trilakes-mcts-sshs.org/](http://www.trilakes-mcts-sshs.org/)

Coopman said, “Many of these folks are fiercely independent and will tell you they don’t need any help. But very rarely is that true.” He said the most important thing is for the dialogue to be opened up and avenues of communication to be established with senior citizens.

**Checks over \$5,000**

The consent agenda was unanimously approved including the following checks over \$5,000:

- CIRSA, deductibles due on liability insurance claims – \$9,552
- CIRSA, deductibles due on liability insurance claims, \$6,866 overage for 2015 will be taken from other line items in police, public works, and administration budgets – \$6,003
- Forsgren Associates Inc., relocate bulk fill water station – \$7,047
- Forsgren Associates Inc., water rate and fee study 2015 – \$9,813
- Forsgren Associates Inc., Second and Front Street intersection redesign – \$5,874
- Berkadia Finance Co., annual debt payment on 1979 GO water bond – \$6,475
- U.S. Department of Agriculture, 1997 rural water loan – \$20,168
- Wells Fargo Capital Leases, semi-annual lease payment on #401 PW, WEF and Police Equipment – \$22,432
- Wells Fargo Capital Leases, semi-annual lease payment on #402 PW and WEF – \$39,071

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Tri-Lakes Senior Center  
(On Lewis-Palmer HS campus next to the stadium)

Visit [www.TriLakesHAP.org/chess](http://www.TriLakesHAP.org/chess) for more information.

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