

- come. First class always free. Info: Deb Harano, 338-8467; DimensionsYoga@gmail.com.
- **Monument Hill Kiwanis Bingo**, every **Mon.**, 7:30 pm, Carefree Bingo, 3440 N. Carefree Circle, Colo. Springs. All proceeds benefit those in need in the Tri-Lakes Community. Info: mark.zeiger@gmail.com.
  - **Senior Citizen Luncheons**, every **Mon.-Fri.**, 12-12:30 p.m., Mountain Community Mennonite Church, 643 Hwy 105, Palmer Lake. This is now the only senior lunch venue in the area. See the menu for the month in the Senior Beat newsletter. A \$2.25 donation is requested. Stay for bingo the 2nd Thu. each month. Reservations are requested, phone 884-2304.
  - **Western Museum of Mining & Industry (WMMI)**, open **Mon.-Sat.**, 9 a.m.-4 p.m., daily guided tours at 10 a.m. and 1 p.m. (included in admission). Cost: \$8 adults, \$7 military/AAA, \$6 seniors & students, \$4 children 3-12, free to children under 3 & museum members. WMMI is located at 225 North Gate Blvd. (I-25 Exit 156 A). Info: 488-0880, info@wmmi.org, www.wmmi.org.
  - **Tri-Lakes Silver Alliance (formerly HAP) Thrift Store**, open **Mon.-Sat.**, 10 a.m.-4 p.m., new location, 755 Hwy 105, Suite N, in the West End Center (next to the Vanity Box). June specials: 25% off all kitchenware, 50% off children's games and picture frames. Seniors 62+ get a 20% discount on Wednesdays. All proceeds support Tri-Lakes Senior Programs. If you have furniture to donate, call 488-3495 for a pickup. Info: www.TriLakesSeniors.org.
  - **Tri-Lakes YMCA Senior Coffee**, every **Tue.**, 9:30-11:30 a.m., 17250 Jackson Creek Pkwy, Monument. Members and non-members are welcome. Seniors, come socialize and have coffee and snacks in the front lobby. Sign up to bring snacks. Free. Info: 630-2604, hbrandon@ppymca.org, www.ppymca.org.
  - **Yarny Birds Stitch Group**, every **Tue.**, 10 a.m., 174 N. Washington St., Monument. An open group for knitters, crocheters, and fiber arts of any type. Info: 377-0403, yarnbirdfibers@gmail.com.
  - **Al-anon Meeting: Monument Serenity**, every **Tue.**, 7:30-8:30 p.m., Ascent Church, (formerly the Tri-Lakes Chapel) 1750 Deer Creek Rd., Monument. Info: Kay, 481-9258.
  - **The Villa Palmer Lake**, 75 Hwy 105, Palmer Lake. Happy Hour every evening 5-6 p.m., 1/2 price bottles of wine (select wines, with entrée purchase) every **Tue.**; open mic on **Thu.** nights, 8-10 p.m., 75 Hwy 105, Palmer Lake. RSVP & Info: 481-2222, www.theVillaPalmerLake.com.
  - **Gentle Hatha Yoga Class with Olivia Pennington**, every **Wed.**, 9:30-11 a.m., Palmer Lake Town Hall, 28 Valley Crescent. All levels. Cost: \$7. Info: 481-2953 (then press 0) or www.townofpalmerlake.com.
  - **Palmer Divide Run Club Social Run**, every **Wed.**, 6 p.m., Palmer Divide Run Co., 84-4 Hwy 105, Palmer Lake (next to Speed Trap). All levels are welcome; the routes are usually 3-4 miles which can be run or walked. Stay and enjoy freebies at the Run Store, then head to the Villa for a special Run Club Pasta Buffet. Info: PalmerDivideRunClub@gmail.com, www.facebook.com/PalmerDivideRunClub/
  - **Tri-Lakes Church of Christ Wednesday Night Fellowship Meal (Free) & Classes**, every **Wed.**, 6-7:30 p.m., 20450 Beacon Lite Road, Monument (Corner of Beacon Lite & County Line Roads). Info: 488-9613, gregsmith@trilakeschurch.org, www.trilakeschurch.org.
  - **Tai Chi for Health and Wellness Classes with Maureen Caldwell**, every **Wed.**, 6:15-7:15 p.m., Dance Art Academy, 13866 Gleneagle Dr. Info: 232-1618, sifumo@whitecranetaichi.net.
  - **Al-anon Meeting: Letting Go**, every **Thu.**, 9-10:10 a.m., Tri-Lakes Chapel, room 209, 1750 Deer Creek Rd., Monument. Info: Kay, 481-9258.
  - **A.A. Big Book Study**, every **Thu.**, 7 p.m., Family of Christ Lutheran Church, 675 W. Baptist Rd. Info: 481-0431.
  - **The Roost Patio Flea Market**, Sat., **Jun. 4**, 10 a.m.-3 p.m., 135 Second St., Monument. Meets 1st Sat. each month, May-Sept. Info: 481-5688.
  - **Tri-Lakes Land Use Committee Meeting**, Mon., **Jun. 6**, 6:30-8:30 p.m., 166 2nd St., Monument. Get involved: give input on proposed developments in the Tri-Lakes area to influence the direction of growth. All are welcome. Info: Jerry Hannigan, Hannigan.and.assoc@gmail.com.
  - **Caregivers Support and Brainstorming Open House**, **Tue.**, **Jun. 7**, 2-4 p.m., Lifting Spirits Adult Day Center, 755 Hwy. 105 Unit C, Palmer Lake. Meets 1st and 3rd Tue. each month. Info: Linda, (303) 579-8114.
  - **American Legion Tri-Lakes Post 9-11**, **Tue.**, **Jun. 7**, 6:30 p.m., Depot Restaurant, Hwy 105 & Primrose St., Palmer Lake. New members welcome. Meets 1st Tue. each month. Info: 481-8668, www.americanlegiontrilakespost911.com.
  - **Foot Care Clinic**, **Wed.**, **Jun. 8**, Senior Center located across the street from the Tri-Lakes YMCA, on the Lewis-Palmer High School campus. A registered nurse examines your feet and provides foot care advice, toenail trimming. Cost: \$30 for a 30-min. visit. Meets 2nd Wed. and last Fri. each month, by appointment only. Info & appointments: call the Visiting Nurse Association, 577-4448.
  - **Black Forest AARP Potluck Lunch & Meeting**, **Wed.**, **Jun. 8**, noon, Black Forest Lutheran Church, 12455 Black Forest Rd. All ages welcome. Meets 2nd Wed. each month. Info: Chuck, 749-9227, or aarpchapter1100blackforest.weebly.com.
  - **Chess Nuts**, **Wed.**, **Jun. 8**, 5-9 p.m., Tri-Lakes Senior Center. Any age, any skill. Learners welcome. Drop in and leave when you want. Bring your own board and pieces if you have them. Meets 2nd & 4th Wed. each month. Info: www.trilakeshap.org/chess.
  - **Senior Bingo**, **Thu.**, **Jun. 9**, New Location: Mountain Community Mennonite Church, 643 Hwy 105, Palmer Lake, after the senior lunch. Come for lunch at noon, then stay and play. Free! Prizes! Meets 2nd Thu. each month. Info: Maggie Nealon, 488-3037.
  - **Bridge**, **Thu.**, **Jun. 9**, 1-4 p.m., Tri-Lakes Senior Center located on Lewis-Palmer High School campus. Walk-ins are welcome. Meets 2nd Thu. each month. Reservation suggested: call Judy, 626-399-2733.
  - **Legacy Sertoma Dinner Meeting**, **Thu.**, **Jun. 9**, 6:30 p.m., Monument Hill Country Club, 18945 Pebble Beach Way, Monument. New members and visitors welcome. Meets 2nd & 4th Thu. each month. Info: Ed Kinney, 481-2750.
  - **Ben Lomond Gun Club**, Tri-Lakes Chapter, **Thu.**, **Jun. 9**, 7 p.m., Tri-Lakes Fire Station 1, 18650 Hwy 105 west of Monument near the bowling alley. Meets 2nd Thu. each month. Info: 481-3364.
  - **La Leche League Meeting**, **Fri.**, **Jun. 10**, 10 a.m., Monument Branch Library, 1706 Lake Woodmoor Dr. Mothers, babies, and mothers-to-be are all invited. Meets 2nd Fri. each month. Info: Kelley, 440-2477, kdghorashi@gmail.com.
  - **Palmer Lake Art Group**, **Sat.**, **Jun. 11**, 9 a.m., Mountain Community Mennonite Church, 643 Hwy 105, Palmer Lake. A variety of art programs are offered after the social gathering and business meeting. Guests welcome. Meets 2nd Sat. each month. Info: 487-1329, www.palmerlakeartgroup.com.
  - **El Paso County Hazardous Materials & Recycling Collection Facility**, **Sat.**, **Jun. 11**, 9 a.m.-1 p.m., 3255 Akers Dr., Colorado Springs. Open the 2nd Sat. each month as well as Mon.-Thu., 7 a.m.-5 p.m., accepts porcelain fixtures, common recyclable items, household hazardous waste, various electronics, and TVs up to 19-inch diagonal. Accepts documents from private households for shredding, up to two legal paper-sized boxes. Bring a nonperishable food item for Care and Share. Info: 520-7878, http://adm.elpasoco.com/Environmental\_Services/Solid\_Waste\_Management
  - **Alzheimer's Caregiver Support Group**, **Sat.**, **Jun. 11**, 9:45-11:30 a.m., The First National Bank of Monument, 581 Hwy 105. Meets 2nd Sat. each month. Info: Gail, 481-3711.
  - **Sew Motion Free Monthly Sew-In**, **Sat.**, **Jun. 11**, 5-8 p.m., 862 Hwy. 105, Palmer Lake. Get step-by-step help for your project problem. Pizza dinner, \$5! Info: 481-1565, www.sew-motion.com.
  - **Gleneagle Sertoma Luncheon Meeting**, **Wed.**, **Jun. 15**, 11:45 a.m.-1 p.m., Liberty Heights, 12105 Ambassador Dr., (off Voyager Blvd in Colorado Springs). Interesting speakers and programs; all are welcome. Meets 1st & 3rd Wed. each month. Info: Garrett Barton, 433-5396; Duane Gritzmaker, 481-2424; www.gleneaglesertoma.org.
  - **Drummers!** **Wed.**, **Jun. 15**, 6:30-8 p.m., Yoga Pathways, Suite A, West End Center, 755 Hwy 105, Palmer Lake. Free and open to the public. Bring any kind of drum or other hand percussion instrument. Beginners welcome! Usually meets 3rd Wed. each month. Verify date & time: Nan, 481-3256.
  - **VFW Auxiliary to Post 7829**, Monument, **Wed.**, **Jun. 15**, 7 p.m., Monument Hill Country Club, 18945 Pebble Beach Way, Monument. New members welcome. If you are a male or female relative of a veteran who served on foreign soil during war or other military action, you may be eligible. Meets 3rd Wed. each month. Info: Kathy Carlson, 488-1902, carlsonmkc@aol.com.
  - **Art Hop is back!** **Thu.**, **Jun. 16**, 5-8 p.m., Downtown Monument west of I-25. The 3rd Thu. each month, May-Sept., the galleries, restaurants, and boutiques of historic downtown Monument stay open until 8 p.m. for a celebration featuring art openings, book signings, great food, live music, and more. Info: 481-3282, www.monumentarthop.org.
  - **Art Hop Artist Reception at Bella Art & Frame**, **Thu.**, **Jun. 16**, 5-8 p.m., 183 Washington St., Historic Downtown Monument. Info: 487-7691, www.bellaartandframe.com.
  - **Art Hop Book Signings at Covered Treasures Bookstore**, **Thu.**, **Jun. 16**, 5-8 p.m., 105 Second St., Monument. Bert Entwistle will sign two new titles, The Black Rose Banker and The Taylor Legacy: An American Family Saga. Vera Dawson will sign her latest cookbook, Baking Above it All: A High-Altitude Cookbook. The store will provide samples from Vera's cookbooks. Stop by to meet the authors and enjoy some homemade refreshments. Info: 481-2665, www.coveredtreasures.com.
  - **Art Hop at Tri-Lakes Center for the Arts (TLCA)**, **Thu.**, **Jun. 16**, 5-8 p.m., 304 Hwy 105, Palmer Lake. Resident artist open studios, TwentylFive Wine Bar, great food, and live entertainment. Info: 481-0475, www.TriLakesArts.org.
  - **Tri-Lakes Lions Club**, **Thu.**, **Jun. 16**, 6:30 p.m. social, 7-8 p.m. meeting, Sundance Mountain Lodge, 1865 Woodmoor Dr., Monument. Meets 3rd Thu. each month. Info: David Prejean, 434-7031.
  - **Palmer Lake Historical Society**: No meeting in June. **Father's Day Ice Cream Social June 19**. Normally meets 3rd Thu. each month. Info: Pat McCarthy, 659-1363; www.palmerdividehistory.org.
  - **Little Log Kitchen Free Meal**, **Sat.**, **Jun. 18**, noon, 133 High St., Palmer Lake. Sponsored by Little Log Church every 3rd Sat. Info: 481-2409.
  - **Amateur Radio W0TLM** (Tri-Lakes Monument Radio Association), **Mon.**, **Jun. 20**, 7 p.m. All amateur radio operators or those interested in becoming amateur radio operators are welcome. Meets 3rd Mon. For meeting place and info contact Joyce Witte, 488-0859, Joycewitte@gmail.com; or visit www.W0TLM.com.
  - **Senior Tea**, **Tue.**, **Jun. 21**, 1-3 p.m., Senior Center at Lewis-Palmer High School (across from the YMCA). Come early to socialize, bring a salad or dessert to share. Meat dishes and tea provided. Voluntary donations welcome. Meets 3rd Tue. each month. Info: Irene C., 484-0517.
  - **Caregivers Support and Brainstorming Open House**, **Tue.**, **Jun. 21**, 2-4 p.m., Lifting Spirits Adult Day Center, 755 Hwy. 105 Unit C, Palmer Lake. Meets 1st and 3rd Tue. each month. Info: Linda, (303) 579-8114.
  - **Fibromyalgia Support Group**, **Tue.**, **Jun. 21**, 5 p.m., Police Station, 7850 Goddard (1 block off Academy on Kelly Johnson near Chapel Hills Mall), Community Room just inside main entrance. A DVD will play 5-6 p.m.; meeting starts at 6 p.m. Share concerns and success stories and talk to a D.O. Learn how you can become pain-free. No charge, no products sold. Meets 3rd Tue. each month. Info: 481-2230.
  - **Veterans of Foreign Wars Post 7829**, **Tue.**, **Jun. 21**, 7 p.m., Monument Hill Country Club 18945 Pebble Beach Way, Monument. New members welcome. Meets 3rd Tue. each month. Info: Post Commander Joe Carlson, jcarlson@vfw7829.org, 488-1902, www.vfw7829.org.
  - **Senior Social**, **Wed.**, **Jun. 22**, 1-4 p.m., Fellowship Hall of the Black Forest Lutheran Church, 12455 Black Forest Rd. Meets 4th Wed. each month. Info: aarpchapter1100blackforest.weebly.com.
  - **Chess Nuts**, **Wed.**, **Jun. 22**, 5-9 p.m., Tri-Lakes Senior Center. Any age, any skill. Learners welcome. Drop in and leave when you want. Bring your own board and pieces if you have them. Meets 2nd & 4th Wed. each month. Info: www.trilakeshap.org/chess.
  - **Foot Care Clinic**, **Fri.**, **Jun. 24**, Senior Center located across the street from the Tri-Lakes YMCA, on the Lewis-Palmer High School campus. A registered nurse examines your feet and provides foot care advice, toenail trimming. Cost: \$30 for a 30-min. visit. Meets 2nd Wed. and last Fri. each month, by appointment only. Info & appointments: call the Visiting Nurse Association, 577-4448.
  - **Tri-Lakes MOMS Club Monthly Meeting**, **Fri.**, **Jul. 1**, 10 a.m., Palmer Lake Town Hall, 28 Valley Crescent. Meets 1st Fri. each month. Info: monumentmomsinfo@gmail.com, https://m.facebook.com/MonumentMomsClub.
  - **The Roost Patio Flea Market**, **Sat.**, **Jul. 2**, 10 a.m.-3 p.m., 135 Second St., Monument. Meets 1st Sat. each month, May-Sept. Info: 481-5688.
  - **Lupus Support Group**. If you suffer with an autoimmune disease and want to connect with others, you are welcome to join this group. Info: dmbandle@hotmail.com.
  - **Myasthenia Gravis Association of Colorado Support Group**. Location varies. For information, call Carolyn, 488-3620, www.4-mga.org, 303-360-7080, 4mga@4-mga.org.

## SPECIAL EVENTS

- **Palmer Lake Art Group (PLAG) 51st Annual Fine Art Exhibit & 4-of-a-Kind Opening Receptions**, **Fri.**, **Jun. 3**, 6-8 p.m., Tri-Lakes Center for the Arts, 304 Hwy. 105, Palmer Lake. Celebrate with live music, hors' d'oeuvres, and art scholarship awards. Both exhibits run through June 25, Tue.-Sat., noon-4 p.m. Proceeds from the PLAG show will fund art scholarships for D-38 high school seniors. Info: 481-0475, www.TriLakesArts.org.
- **Monument Vision Clinic Trunk Show**, **Fri.-Sat.**, **Jun. 3-4**, 2-7 p.m. **Fri.**, 9 a.m.-2 p.m. **Sat.**, 1860 Woodmoor Dr., Monument. Drop in for snacks and beverages, give-aways, special discounts, and new styles from top designers. Info: 488-2042, www.monumentvision.com.
- **Kids Fishing Derby**, **Sat.**, **Jun. 4**, 8 a.m.-noon, Palmer Lake. For elementary and middle school-age kids; must be accompanied by an adult. Bring fishing gear if you have it. Bring a non-perishable food item for Tri-Lakes Cares. Stay afterward for food, music, and more. Info: www.trilakeschamber.com/kids-fishing-derby.htm.
- **Hooked on Palmer Lake**, **Sat.**, **Jun. 4**, 11 a.m.-3 p.m., Palmer Lake. Stay after the fishing derby for food, snow cones, local music, merchants, and art. Info: palmerlakefireworks@gmail.com.
- **Larkspur Settler Days**, **Sat.**, **Jun. 4**, 1-9 p.m., Larkspur Community Park, 8850 S. Spruce Mountain Rd., Larkspur. Native American Pow Wow, blue grass band, games, petting zoo, mercantile, saloon, bonfire, axe throwing, & more. Info: www.larkspurchamberofcommerce.com.
- **Community Picnic**, **Sun.**, **Jun. 5**, 1-3 p.m., Limbach Park, Second and Front streets, Monument. Tri-Lakes United Methodist Church invites all for free food (hamburgers, hotdogs, & a Methodist "Mega" Dessert table) and kids' games. Bring lawn chairs/blankets. Info: 488-1365, tlumc@tlumc.org.
- **Basics of Bookkeeping: Part 2**, **Mon.**, **Jun. 6**, 9 a.m.-noon, Tri-Lakes Chamber of Commerce, 166 Second St.,